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Photo by Kim Beery



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Flip!Book Index

April 24, 2020



April 10, 2020



March 27th, 2020



March 13th, 2020



February 14th, 2020



February 28th, 2020



The ENGLEWOOD REVIEW

Always Local, Always Positive

Around the Town



Recognizing the need and the importance of having hand sanitizer available, Lemon Bay Sunrise Rotary Club developed a solution. They partnered with a Florida-based commercial manufacturer of hand sanitizer to acquire hand sanitizer that could be given out to the needy and homeless as well as meet the community's need. The Club has been donating the hand sanitizer to food pantries, churches including Hope Community Church in North Port, Project Phoenix and other organizations that can hand it out to the homeless. The public can also acquire the hand sanitizer in gallon containers for a donation of \$20 at locations here in town: Shell Gas Station/Market, 241 S. Indiana Avenue; Dearborn Corner Market, 598 W. Dearborn Street; Stiver's Tire & Auto, 850 S. River Road and Hamshear Homes, 12366 N. Access Road, Port Charlotte. Periodic distribution dates will also be held at Stiver's Tire & Auto. Monies raised will be used to purchase 2oz bottles of sanitizer to supply the homeless and those in need. The club project was a result of an idea that member George Fowler had when he wanted to purchase hand sanitizer on his own to give away and was unable to find it. You can find product information at www.purgotestresults.com. If you wish to place a larger order, please contact George at georgefowler4554@comcast.net. In this photo, LBSR members, John Mead (left) and George Fowler (right,) present Englewood Helping Hand, Inc. executive director, Mark Rennie, with hand sanitizer for clients as well as EHH volunteers to use.

Sidewalks Coming

Construction of the Spinnaker and Sunnybrook Boulevard sidewalk project has begun and will continue through mid-November. This project will construct sidewalks on Spinnaker and Sunnybrook Boulevards from the North Access Road to Wilmington Boulevard. Travelers may experience lane closures, slow moving traffic and/or temporary delays within the project limits and should allow extra time when planning to travel through this area. The Public Works Department reminds motorists to remain alert at all times and to exercise caution when traveling in the vicinity of construction zones. For information on this project, visit www.charlottecountyfl.gov. For questions, contact Tracy Doherty at 575-3643 or Tracy.Doherty@CharlotteCountyFL.gov.

Elks Open For Limited Dining And Bingo

Englewood Elks, 401 N. Indiana Avenue, is opening their doors to

offer dinner on **Wednesday and Thursday evenings** from 5 to 7pm. Starting **May 8th** (Mother's Day,) the Elks will be serving breakfast on **Sundays** from 8am to noon. The public is invited. For reservations, call 474-1404, **Monday through Thursday, 9am to noon. Friday evening** Bingo games are also resuming. Doors open at 4pm. Games start at 5:30pm.

Mosquito Control

Because of higher than normal mosquitos, Charlotte County Mosquito Control aerial and ground-based treatment applications are being performed to reduce the current mosquito population. You can do your part by ensuring you are not creating any mosquito breeding habitats on your property, in your yard or around the house by draining any standing water from buckets, gardening watering cans, tires, tarps, bird baths, and anything else that can hold water for an extended period. Wear an EPA-approved repellent when spending time outdoors

and avoid dusk and dawn hours when mosquitoes are most active. Remember the three Ds of mosquito bite prevention: Drain – Anything that holds water once per week. Dress –

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Our Staff:

Publisher

Tom Newton
TomNewton@englewoodreview.com

Sales Team

Marilyn Johnson
MJohnson@englewoodreview.com
Ed Kellam
Ed@englewoodreview.com

Content Team

Mish Wilder
Ad Sales Support/Classifieds
Mish@englewoodreview.com
Chris Cameron
Bulletins
englewoodreview@comcast.net
Debra Driscoll
Graphics
Susan Smith
Graphics
Susan@englewoodreview.com
Contributors: Sam Baker,
Kimball & Les Beery, Amanda Glam,
Jocelyn Hoch, Dean Laux,
Sharyn Lonsdale and Forrest Shafer.

Press Materials:
englewoodreview@comcast.net
Ad Materials:
graphics@englewoodreview.com

**Newton Studios, Inc.,
Englewood REVIEW Newspaper**
370 West Dearborn Street,
Suite B, Englewood FL 34223
941-474-4351 fax: 941-474-8317

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Clintwood Acres residents once again took to the streets on a Friday evening to honor first responders, healthcare workers and all the other "virus fighters." This time included a food drive for Englewood Helping Hand, Inc. and the packed trunk shows the great response received from neighborhood residents. Some of the residents who took to the streets to honor these heroes are (left to right:) Lisa DeVore, Harry Ware, Shelton Crocker, Deb Caffelle (in front,) Linda VanGilder, Steve Rankin and Anne Louise Thompson.

Tax Collector Appointments

The Charlotte County Tax Collector's office is continuing to provide essential services to the community while their lobbies are closed. They thank you for utilizing online services for driver licenses, registrations, and tax payments. Mail fees have been waived until they are fully open to the public. While continuing to service you online, the Charlotte County Tax Collector's Punta Gorda location is taking a first step toward reopening to the public in a limited capacity by appointment only. The Punta Gorda location is offering appointments for services that cannot be done online, by telephone, drop box, or by mail. Appointments may be made at TaxCollector.CharlotteCountyFL.gov or by calling 743-1350.

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Around the Town

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Wear appropriate clothing at peak hours. Defend – Wear EPA-approved repellent and reapply as needed. Planned treatment schedules are available online at www.charlottecountyfl.gov/services/mosquitoaquatic/Pages. Notifications of treatment in your area can be obtained via Alert Charlotte: www.AlertCharlotte.com.

"Ask an Agent Anything"

UF/IFAS Extension Sarasota County has developed a webinar

series titled "Ask an Agent Anything." Each webinar will focus on one topic and you can get answers to your longstanding questions and get new information. Register early for each webinar through ufsarasotaext.com. You will receive a confirmation email with the webinar link. The next webinar is set for **Wednesday, May 20 from 2 to 4pm** with "Lawn and Landscaping Troubleshooting." Of course, know that you can still reach UF/IFAS Extension Sarasota County with your questions and issues simply by calling **861-5000** or emailing sarasota@ifas.ufl.edu.



Members of the Riverwood Golf Club found a unique way to honor and thank all the heroes of the COVID-19 pandemic. Golf club member Tish Keltner developed the idea and enlisted the help of her husband, Job, along with Mike and Mo Welling and Riverwood Golf General Manager Mike Burton, to create this visual thank-you. Eighty-eight golf carts were used to spell out Riverwood's thanks, which required Tish using her organizational skills and everyone practicing social distancing during the project. Tish says she was raised to step up and do whatever needs to be done and she wanted to show all the heroes that Riverwood is mindful of what was happening outside their community.

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Englewood Moose Lodge #1933 made a surprise visit to the Jubilee Center at St. David's and surprised executive director Ruth Hill with a check donation of \$1,000. Pictured (l-r.) are John Bienkowski, Gerry Grieff, Ruth Hill, Newt Webb and Troy Skaggs.

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April 24th was Federation Day, the 130th birthday of the General Federation of Women's Clubs and the 125th birthday of GFWC Florida. The GFWC Rotonda West Woman's Club decided to celebrate by remembering the residents of Brookdale Rotonda Assisted Living Facility. The club members wrote cards of cheer for the residents since they are feeling isolated during this time when they cannot have visitors. Nearly a hundred cards were collected by the members by driving through the portico at the Rotonda Community Center and dropping the cards in a box. The box was then delivered by Diane Oglesby (left) and Posey Bauer, members of the club.

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During this difficult time, so many organizations and people have stepped up to help the clients of Meals on Wheels (MOW.) First of all, the Community Presbyterian Church through Pastor Dawn Mayes partnered with them to make sure their clients had toilet paper, the number one item asked for during this pandemic. Wiseguy Barbershop and Barbara Caruso donated hand sanitizers for MOW drivers to use while delivering meals. Rotonda West Mask Makers, spearheaded by Ellyn Nadeau, provided Meals on Wheels with 50 masks for delivery teams to use. Publix of Cape Haze donates bread weekly for their clients and Abbe Donuts drops off treats for the clients and volunteers. Howard's Restaurant and Bob Evans of Port Charlotte donated produce and other food items that went directly to the clients and help to cut the cost of meals during the month. The Democratic Club of Englewood gave a financial donation to Meals on Wheels to help cover the cost of clients unable to pay for their meals during this time. Dollar General on N. Indiana Avenue, along with donations by customers, donates toilet paper and other supplies needed by their clients. Lastly, the Gulf Coast Community Foundation that chose Meals on Wheels as one of their emergency grant recipients for a \$5,000 grant as they begin the process of contracting for a new commercial freezer/refrigerator since the present one is being held together by a song, dance, and prayer. Englewood Meals on Wheels is "more than just delivering meals" and they are very thankful for all those who support us! Volunteers Brenda Lawson (left) and Terri Lawson (right) wear a mask donated by Rotonda West Mask Makers.



When Vickie Shuffitt, a retired physical therapist who lives in Rotonda West, realized that health care workers on the front lines of the the COVID-19 battle did not have adequate PPE, she went into action. She recruited her Rotonda West neighbors and friends and formed a group of women who began making masks for healthcare workers and others in need. One of the first people to respond was Ellyn Nadeau who began collecting donated fabric and other materials needed to make masks. Soon, the group grew to over 30 women who offered their skills in buying materials, matching fabric, cutting, ironing, assembling, sewing and delivering masks. Recently, the Rotonda Mask Makers achieved a lofty goal: they delivered their 1000th mask! Their masks have gone to healthcare workers, sick children, nursing home staff and residents, in-home care givers, veterans in a veterans' home and others in need. They could not have achieved their goals without generous donations from Jay Rainey (State Farm Ins.) and many others. To date, the Rotonda Mask makers are still busy emulating "Rosie the Riveter" by stepping up to the plate when their community was in need. Photo: Maureen Treece, group seamstress, takes a Rosie pose.



Women's Resource Center has launched three remote-based financial empowerment programs to help women learn key strategies and skills to attain financial security. "Ask a Banker" offers free one-on-one sessions virtually with Bank of America professionals on topics such as managing credit card debt, savings strategies, home buying or refinancing process, retirement or college planning and more. "Money Empowerment Helpline" is a \$10 one-on-one session with a personal finance expert on **Wednesdays from 2 to 5pm**. It helps women with building wealth, planning for the future and navigating through a life transition. A free monthly webinar series called "Women's Money Empowerment" is being offered on the **first Friday of each month at 1pm**. It is hosted by financial expert and Women's Money Empowerment founder, Dr. Laura H. Mattia, author of "Gender of Wall Street: Uncovering Opportunities for Women in Financial Services." For more information about registering for the webinar or scheduling an Ask A Banker or Money Empowerment Helpline appointment, visit www.mywrc.org or call **256-9721**. Photo: Dr. Laura H. Mattia.

Around the Town

Continued from page 4

Alert Sarasota County

To help residents stay informed, Sarasota County is launching a mass-notification system called Alert Sarasota County, hosted by Everbridge. Alert Sarasota County, which replaces the CodeRED notification system,

will be used to communicate public health and safety topics affecting Sarasota County. Available alerts include severe weather, sewage spills, mosquito management and boil water notices. Users can choose the types of alerts and how to receive them and these options can be changed at any time. Users can sign up for alerts by registering

with their home address. To start receiving alerts, sign up in the following ways: 1.) Download the free Everbridge mobile app. In the app, select "find organization or subscription," type your jurisdiction in to the search bar and log in or register a new account. 2.) Create an account at alertsarasotacounty.com. When signing up through alertsarasotacounty.com, users can enter their home address to the jurisdiction map to determine which jurisdiction's alerts to

receive. The contact information for those who previously signed up for CodeRED or COVID-19 text alerts may not transfer. They may need to sign up for a new Alert Sarasota County account. Sarasota County's contract with CodeRED ends **July 2020**. For more information, go to alertsarasotacounty.com or call the Sarasota County Contact Center at **861-5000** and ask about Alert Sarasota County registration.

Continued on page 7

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Premier Tee's & Screen Printing wants to help the Englewood community as much as they can. They are selling T-shirts and a portion of the proceeds will be donated to St. David's Jubilee Center. T-shirt choices are ladies' or men's cut crew neck shirt in your choice of grey, purple or black. Cost is \$15. You can also drop off nonperishable food items for the Jubilee Center at their shop located at 2780 Worth Avenue between 10am and 2pm, Monday through Friday. To order a shirt, call 681-2688.



Tiffany Square Bingo presented a \$600 check donation to Lemon Bay High School Project Graduation. Tiffany Square Bingo does special games throughout the year and those proceeds are given back to the community. Owners Mike and Linda Paquin match the donation and said that they wished the amount given had been larger this year, but Bingo games were cancelled due to COVID-19. Tiffany Square Bingo has been a supporter of LBHS Project Graduation for many years. Although the celebration has been cancelled for this year, the Project Graduation Board is working to develop a special recognition for the 2020 LBHS Seniors. If you or your business would like to be involved, visit lemonbayhighschoolprojectgraduation.org. Photo: Thaddeus Capeles with Project Graduation (right) accepts the check donation from Linda and Mike Paquin.

CARING AND SHARING

Jubilee Center Food Drive

Local food pantries such as St. David's Jubilee Center are overwhelmed by the demand for food due to the COVID-19 pandemic. Michael Saunders & Company wants to help meet the demand and they are spearheading a food drive for the Jubilee Center. They are accepting non-perishable food, household supplies and pet supplies at their office at 1200 S. McCall Road. Pick-up of donations can be arranged by calling 473-7750 and donations can also be dropped off at Mini City Food Stand. Realtor Amy

Gonzalez says, "We here at Michael Saunders & Company love Englewood. We live here and want to help the community in any way possible."

The items appearing in this column are as accurate as possible. Please phone the listed numbers for confirmation and further information. If you have an upcoming event you would like to have considered for "Around the Town" please send info and/or photo to The Englewood REVIEW, 370 W Dearborn St, Suite B, Englewood, FL 34223 or englewoodreview@comcast.net.

Serving as a unified source of aspiration, the Charlotte County tourism bureau recently launched a campaign titled "Charlotte County Tourism: Our Best Side is by Your Side". A major part of this campaign is the sale of limited-edition, retro designed Greetings from Pure Florida t-shirts with ALL profits from every t-shirt sold going toward the Community Organizations Active in Disaster Florida (COADFL) fund for Charlotte County, providing much needed financial support for tourism industry employees and businesses impacted by recent shutdowns. A donor will match all funds up to \$25K earned through COADFL. Now is the ideal moment to tout how much you love and support your beloved Charlotte County. Purchase one of the VCB's Greetings from Pure Florida t-shirts, post a picture of yourself wearing the t-shirt to social media, and note one local business or thing you love most within Charlotte County using the hashtag #BestSideYourSide and tagging @RealPureFlorida. To order a T-shirt, go to pure-florida.com/best-side-your-side.



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Helping Hands - Needed More Than Ever

In January 1983, six Englewood churches, Kiwanis Club and concerned others who saw the need to help those struggling in the community came together and founded Englewood Helping Hand, Inc. (EHH.) Now this service is needed more than ever due to the coronavirus and its disruption on the economy.

Englewood Helping Hand, Inc. is a community-supported human services agency that provides food and short-term emergency utility & rent assistance to Englewood residents, thus fighting food insecurity and preventing homelessness. Help with Access Florida benefits applications and referrals to social provider agencies are also offered.

EHH is located on the campus of Englewood United Methodist Church, 700 E. Dearborn Street. It is normally open Monday through Thursday 9:30am to 2:30pm (currently open just Wednesday & Thursday during COVID-19 pandemic.) Provisions are received from All Faiths Food Bank, Publix generously donates products from its bakeries, churches, organizations such as homeowner associations and clubs including the Lemon Bay Garden Club, and private individuals contribute food and monetary donations.



Mark Rennie, Executive Director, & Martha Martin, Operations Manager ready to load groceries for a client.

Even before the COVID-19 hit the area, the need for food and other assistance had been growing at a rate of 25% in the past few months. According to Mark Rennie, Executive Director, clients range from retired vets to individuals with disabilities, grandparents raising grandkids, working class families and seniors. There is a big increase now due to children being out of school. 80% of clients request food assistance and the rest are looking for short-term relief for a water or electric bill. Clients can also receive

information and referrals to social service agencies. The only requirement to be served is the client must reside in Englewood (proof of residency needed.)

What food might a client receive when they visit the pantry? Fresh produce, frozen meat, dairy products and non-perishable groceries along with household supplies when available. Clients are eligible to receive food two times a month.

Englewood Helping Hand, Inc. is powered by a group of dedicated volunteers who

continue to serve even during the COVID-19 pandemic. To protect the health and safety of both volunteers and clients, clients receive curbside service, staying in their vehicle while their order is taken, prepared and then loaded in the vehicle by a volunteer.

Due to the increasing numbers of clientele, the need is even greater to raise the funds necessary for their new building campaign. They have outgrown the small outbuilding they use, lacking such amenities as

running water and a bathroom, as they continue to serve the community. Food reserves are currently stored in a shed. They have selected a new building site, still on the campus of Englewood United Methodist Church. The new building will include a lobby, running water, bathrooms, a kitchen, a large food pantry, office space and a meeting room. More space would allow caseworkers to evaluate and help people apply for social programs and expand homeless prevention capability; it would provide additional refrigeration for perishable foods. They are nearing their goal of \$500,000 with \$450,000 raised but still need the community's help to reach their goal. If you would like to help, there is a PayPal/credit card donation button on the website, englewoodhelpinghand.org, or you can send a check payable to Englewood Helping Hand Building Fund, 700 E. Dearborn Street, Englewood, FL 34224.

If you are looking for a way to help your Englewood community neighbors, volunteers are needed and greatly appreciated. Food and household supply donations are urgently needed as the demand increases. To reach EHH, call 474-5864 during their COVID-19 hours of operation, Wednesday and Thursday, 9:30am to 2:30pm.

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Osher Lifelong Learning Institute at Ringling College (OLLI at Ringling College) will offer its summer semester courses online via Zoom from **June 1-July 24**. Registration opens on **May 12** for the general public. The summer semester features approximately 15 classes covering a diversity of subjects, including health and wellbeing, current events, literature, stress management, and memoir writing. To register, visit www.OlliatRinglingCollege.org or call **309-5111**.

VIPA-New Format

Venice Institute for Performing Arts (VIPA) announces their new and improved membership program. One of the changes they are prioritizing is the need for flexibility in ticket purchasing. Since packages do not allow the flexibility to change shows on short notice, packages are being eliminated and replaced with memberships. Memberships will be valid for 12 months and will give the community better discounts, more flexible ticketing and extra perks. Current members can renew starting on **Saturday**,

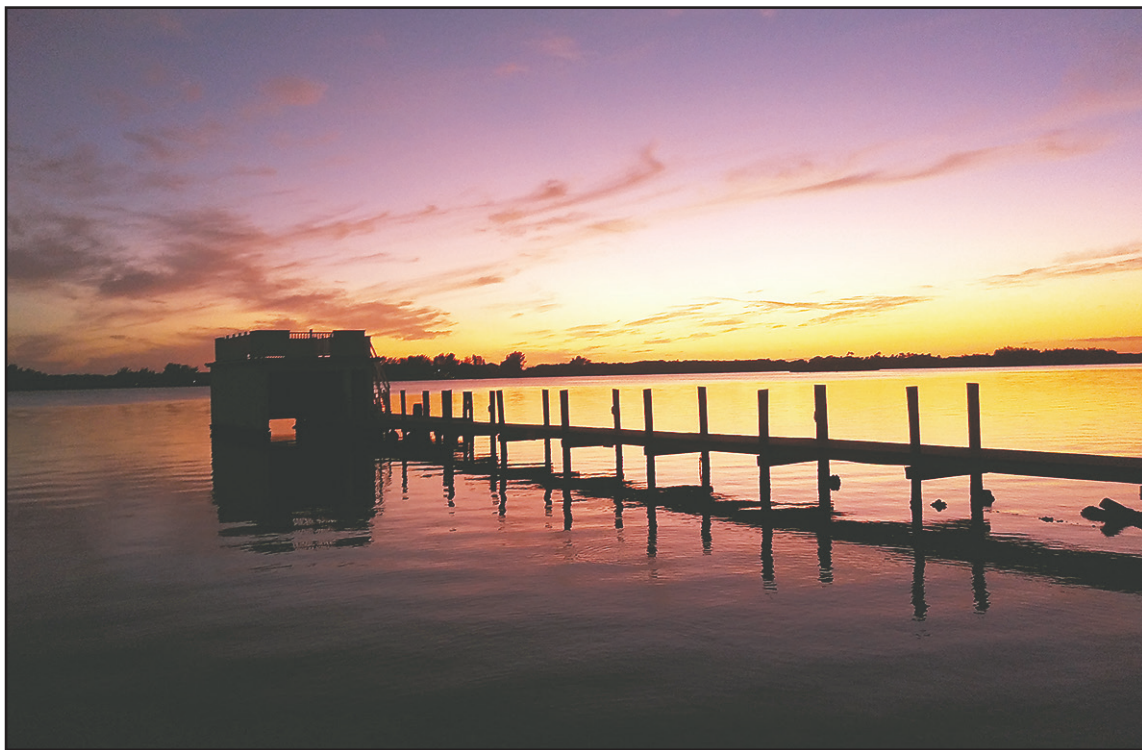
May 9 and new members sign-ups begin on **Saturday, May 16**. Visit veniceperformingartscenter.com/membership to learn more.

Dates and times are as accurate as possible. Please phone the listed numbers for confirmation and further information. If you have an art event or happening you would like to have

considered for "Art Chat," please send information and/or photo to The Englewood REVIEW, 370 W Dearborn St, Suite B, Englewood, FL 34223 or englewoodreview@comcast.net. Visit our Website at www.EnglewoodReview.com and check out our interactive calendar where you are invited to add your event.



*Students of all skill levels can explore their creative interests and sharpen their artistic skills in non-credit art master classes and workshops offered by the Ringling College Continuing Studies' Studio + Digital Arts program during its Summer Immersions Workshops, **June 8-12** and **June 15-19**. Registration is now open. Some of the classes and workshops offered include, "Exploring Botanicals in Drawing & Watercolor," "Graphic Novels: Connecting Image & Word," "Filmmaking: From Storyboard to Production," and "Writing Your Artist Statement." All classes will be offered on the Zoom platform. For more information and to register, visit www.ringling.edu/SDA or call **309-5111**.*



Conservation Foundation of the Gulf Coast and presenting sponsor Elizabeth Moore invite photographers of all ages and experience levels to enter their original work in Conservation Foundation's inaugural Summer Photo Contest. If you love nature, the outdoors, and taking photos - this is the photo contest for you! In light of the global pandemic and the need to stay safe at home, the exhibition will be entirely virtual with website and Facebook displays. Works submitted for this online juried exhibition should showcase the beauty of Florida's natural lands and reflect one of four categories - In Love with the Land, The Wonder of Water, Backyard Beauty, and Up Close and Personal. There is also a Youth Perspective category specifically for photographers age 15 and under. Up to three photographs may be submitted per person and must be received via email no later than **midnight on May 31**. Jurors will review all submissions and select ten per category for display in online galleries on the Conservation Foundation website as well as the Conservation Foundation Facebook page. The virtual competition will award prizes to category winners as selected by the jury as well as People's Choice winners determined by popular vote on Facebook. For entry rules and submission forms visit www.conservationfoundation.com/photocontest. Photo: Bay Preserve Sunset by Sam Valentin.

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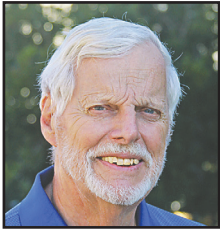
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By Dean M. Laux

Notable NEIGHBORS

He Could Be Called A ‘Guardian Angel’

At age 70 and retired, Greg Foust defines his life perhaps a bit more by what he’s doing now than what he did in a very successful career. And what he’s doing now is serving as a Guardian and volunteer in the Honor Flight Network, a 501(c)3 organization that arranges free trips for American war veterans to visit the Washington, D.C. memorials in honor of their service to our country. Founded in 2005, the HFN now has more than 130 chapters serving veterans in 41 states and according to Greg, has transported over 220,000 veterans of World War II, the Korean War, the Cold War and the Vietnam War to our nation’s capital in recognition of their contributions.

Born in 1950, Greg himself did not get called to serve, but there was a military tradition in his family: His two grandfathers



Greg and Peggy Foust make a handsome couple in formal attire.

had served in World War I, the “war to end all wars,” and his dad, Everett, had been a Lieutenant JG in the U.S. Navy during World War II, serving as the skipper of a PT boat in the South Pacific. When his unit was deactivated early in 1945, Everett had returned to his home in Pendleton, Indiana and made a career for himself as an industrial engineer and eventually a high-ranking executive of General Motors.

Greg and his older sister Linda spent their childhood days on the family farm, where Greg “got to be a pretty good tractor driver,” he recalls. The only time he donned a uniform was as a drum major in the marching band

at Pendleton High School and in the “All-American Marching Band” during his first year at Purdue University. He played a mean trombone and was one of the top students in his class in high school and college. At Purdue he majored in mechanical engineering, but, he observes, “My most important achievement was meeting Peggy Lewter,” then a majorette in the Purdue marching band, who became his wife shortly after they both graduated in 1972.

Greg was promptly recruited by Eastman Kodak, and he and Peggy relocated to Kodak’s headquarters in Rochester, N.Y. Kodak was the dominating

company in photographic film at the time. “I started as a manufacturing engineer in their movie projector division,” he says. “Then I moved to their still camera division, and I became the project manufacturing engineer for Kodak’s disc camera.” He kept on moving—up and up—heading a variety of global businesses at Kodak, and when he retired after 35 years of service, he was general manager of their Specialty Materials division, which produced a silver-based antimicrobial textile treatment.

“My dad had never talked much about his days in the Navy,” Greg says, but beginning around 1972, Everett hooked up with some of his former Navy PT boat comrades at their annual reunion and had a wonderful time. After that, he and his buddies continued their reunions, and Greg and Peggy attended several of them, coming away impressed by the camaraderie and the pomp and circumstance of the occasions. At the reunion in 1997, remarkably, 12 of the 13 men on Everett’s PT boat were in attendance, some 52 years after they had parted company in the South Pacific.

“In April of 2004 the National World War II Memorial

was completed in Washington, D.C.,” Greg says, “and my dad was still living, but he was ill and couldn’t attend the opening, which was a great disappointment to me.” The Honor Flight program was established the very next year and put together its first flight enabling World War II veterans to visit the memorial on the National Mall. “I didn’t learn about their activities until 2010, when I attended a fundraiser for the local Honor Flight chapter in Rochester,” Greg remembers, “and I was immediately hooked. Over the years I had become involved with many organizations outside of work—school board, zoning boards, local homeowners’ association—but once I’d retired my wife told me I needed something to get involved with, because I was driving her crazy.” This was it. “It was a wonderful way to honor my dad and Peggy’s dad, who’d been a B26 bomber pilot in Europe during World War II. I became an active volunteer and first flew as a Guardian on Father’s Day 2010.”

What exactly is a Guardian? According to the HFN, “Guardians are an important part of our flights. The number 1 priority of each trip is the safety of our veterans and all



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An Honor Flight group assembles before the United States Marine Corps War Memorial, better known as the Iwo Jima memorial.

those associated with the Honor Flight.” Greg says that as a rule, Guardians selected and assigned to a veteran must be at least 16 years of age and not more than 70. Guardians must be able to lift 100 lbs. and be fit enough to push a wheelchair throughout a one- or two-day stay in Washington. Among those who satisfy these criteria, priority is given to Guardians who are medically trained, to active or retired military who have previously flown, and to eligible family members. The spouse of a veteran is not eligible unless that spouse is attending the event as a veteran. However, in some Honor Flight chapters, a veteran may select his or her own Guardian—usually a family member or close friend.

Guardians receive specific training at their chapter headquarters prior to the Honor Flight, and they are asked to pay all or part of their flight expense. Along with local volunteers in Washington, D.C., they help the veterans with check-in and serve as curbside assistants, greeters, photographers, crowd controllers, boarding helpers, bus leaders, memorial guides and/or part of the safety team. They are with the veterans throughout the Honor Flight experience. Perhaps they should be called “Guardian Angels” for their numerous and varied services to the honorees.

Honor Flights are typically run in the spring months, including Memorial Day, and

in the fall months, including Veterans Day. Upon arrival, the veterans and their Guardians receive a heroes’ welcome in Washington. Literally. A volunteer group known as “Heroes Welcome” is at the appropriate airport along with active military personnel to cheer for the arriving vets and congratulate them on their service. Then the entire Honor Flight group embarks on a fast-paced, memorial-filled day touring Washington.

“They are blown away by this experience,” Greg says. “One veteran told me he felt like a rock star with all the attention he got in Washington.” That is particularly the case with many Vietnam veterans, who felt slighted or disrespected or worse when they came home in the 70s. Vietnam was not a popular war, but they fought for their country anyway. “Veterans from every era, including Vietnam, have no idea how much pent-up gratitude and appreciation for their service there is,” Greg points out. This trip helps make up for those earlier days.

Since 2010 Greg has flown on 11 Honor Flights out of the chapter in Rochester, twice as a Guardian and nine times as a bus leader. He’s served on the board of the Rochester chapter for eight years and is currently a vice president, coordinating the efforts of over 800 volunteers. “It has been and will remain my passion for many years to

come,” he says. After a slight pause he adds, “Second only to my wife, of course. My whole family has gotten involved in volunteering with Honor Flights. Peggy, our grandsons Ben and Scott and granddaughter Allison work the events, and our daughter Jennifer, who’s a nurse practitioner, flies with me as a member of the safety team on Honor Flights.”

Greg and Peggy came to Englewood in 2016, “three days after I retired,” he recalls. “After 45 years of shoveling snow, we’d had enough. We found Englewood by luck. It’s the country’s best-kept secret: not much traffic, great beaches, great restaurants, wonderful weather, friendly people, proximity to museums, the symphony and the theatre.” They spend the winter months here, where Gregg plans the spring Honor Flights, and they return to Rochester during the summer, where he plans the next fall’s Honor Flights. When the snow again starts to fly in upstate New York, we’ll be blessed with a “Guardian Angel” and family in our neighborhood once more.

Dean Laux is exploring interesting folks living in our community. If you know of anyone with an interesting background please send an email to: tomnewton@englewoodreview.com. Include the person’s name, contact info and give a brief description of the person’s background.

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Small Business Recovery Roundtable

SCORE Port Charlotte is hosting a series of informal open discussions designed to disseminate, share and collaborate current developments as SW Florida begins the recovery process from COVID-19. SCORE Port Charlotte certified mentors will

lead an open discussion and chat every **Wednesday at 10am** on ZOOM. To participate, go to ZOOM.com, "join meeting" and enter 965-1117-4412. For questions, call **743-6179** or email port.charlotte@scorevolunteer.org.



Steve LeVasseur, Licensed Real Estate Broker, has joined Place In The Sun Real Estate LLC, a Florida real estate company serving Englewood to Punta Gorda. "As Place In The Sun continues to grow to accommodate people's real estate needs, it is imperative that we add well-qualified professionals to our team," said Mike Ruiz, who with his wife Madeline, own the company, which in addition to being a full-service real estate firm, specializes in vacation and annual home rentals and property management. "Steve's experience and ability make him a great addition to our team." LeVasseur is skilled at creating 3D Matterport Virtual Tours, allowing potential buyers to virtually "walk through" properties and view rooms from multiple angles from wherever they have an internet connection. A graduate of the University of Maine with a Bachelor of Science in marketing, LeVasseur has more than 30 years marketing experience. He grew up working in his family's business, LeVasseur Building & Remodeling, and has been a Florida licensed residential contractor since 2008. He added Realtor to his job description in 2016. "When meeting with clients to discuss remodeling, it is often clear that a new home purchase meets their needs and is a better option to consider instead of extensive renovations," LeVasseur explained. Active in the community, LeVasseur serves as president of the Kiwanis Club of Englewood-Cape Haze, founding chair of the Englewood Community Coalition, and board member for the Englewood Area Cancer Foundation and Charlotte County Healthy Start. He also volunteers with Girl Scouts, serving as a lifeguard and instructor for canoeing, kayaking, and archery. LeVasseur and his wife Niki have been married for 24 years. They have one daughter, Anne, who is graduating from Florida Southern College in May. LeVasseur may be reached at **875-2230** or steve.levasseur@placeinthesunrealestate.com



Texas Best Barbecue brought meals for Meals on Wheels volunteers recently who enjoyed a full meal of ribs and two sides with cornbread. They were paying it forward as the owner's parents receive Meals on Wheels. Meals on Wheels dedicated cooks were thankful that someone cooked for them and the day's volunteers for a refreshing change. Texas Best Barbecue offers real Texas BBQ using a 100-year old family recipe. They are located at 801 S. Indiana Avenue and are open **Thursday through Saturday, 11am to 7pm** for take-out or delivery. See their menu at txbestbarbecue.com. Photo: Meals on Wheels wishes to thank Jake and Bob for the delicious meals. Photo: MOW volunteers (left to right,) Carol Patterson, Jimmy Rabias, Judy Ross and Roy Thorpe, with their meals from Texas Best Barbecue.



Dollar General associate Carol Fournier had a brainstorm while reading a story on Meals on Wheels (MOW.) Recognizing that most of the MOW recipients were unable to visit stores for supplies during the COVID-19 pandemic, she asked her co-workers if they would like to chip in to donate hard-to-find toilet paper for the MOW clients. They were able to donate three cases of toilet paper and this has started a weekly tradition for the employees. Carol decided to expand the supply drive and started to engage store customers who are asked if they would like to donate a \$1 item. She states that 9 out of 10 customers respond favorably and she is amazed by their generosity. A MOW volunteer picks up the collected donations twice a week. Meals on Wheels has started sending over a client wish list that is used for customer selections. Paper products, personal hygiene products, dish and laundry detergent, cleaning products, candy, snack foods, pet treats and puzzle books are some of the items requested. Store manager, Mary Peterson, fully supports her employees' generosity. Dollar General Store #9036 is located at 410 N. Indiana Avenue.

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Vegetables & Fruits Fresh to Your Door

By Chris Cameron

We all want to do everything possible to stay healthy and especially so during the COVID-19 pandemic. Eating nutritious foods, especially fruits and vegetables which provide vitamins & minerals to help keep you healthy, is a one aspect of doing that. Well, maybe you are sheltering in place and wish

to limit visits to the grocery, so Rhoads Produce is now offering different produce boxes which can be delivered to your door or picked up curbside at their store on SR 776. The idea was a response to customers' requests for the service.

There are currently four different combo boxes you can choose from: the Veggie Combo Box, the Salad Box, the Fruit Box and the Family Pack. The Veggie Combo Box contains tomatoes, radishes, mushrooms, broccoli, zucchini, yellow squash, sweet corn, sweet potatoes, baking potatoes, garlic, scallions, red and green peppers and green beans for \$25. The Salad Box comes with everything you need to create a salad (Romaine lettuce, spinach, tomatoes, mushrooms, carrots, cucumber, onions,



Rhoads co-owners brother and sister, Jacob Rhoads and Jessica Rhoads McDowell

peppers, radishes and celery for \$25. The Fruit Box provides a seedless watermelon, cantaloupe, pineapple, seedless grapes, peaches, apples, Haas avocados, bananas, lemons and limes for \$30. The Family Pack Box is a combination of vegetables and fruits for \$60. Rhoads Produce

stocks up to 80% produce from Florida farms during our growing season and supplements fresh vegetables and fruits from other regions outside the Florida growing season.

If you prefer to pick out your own produce, their big Red Barn with ends open is at 272 N. Indiana Avenue, on the corner of SR 776 and W. Wentworth Street. Right now, Florida grown produce includes tomatoes from Immokalee, sweet onions, peaches, cucumbers, blueberries and sweet corn. You can purchase fruits such as oranges, apples, pineapples and strawberries. There are various squash varieties, potatoes, peppers, beets, lettuce,

broccoli, cauliflower and much more. You can also purchase locally sourced honey, Florida eggs, jams & jellies and pickles.

Co-owners Jacob Rhoads and Jessica Rhoads McDowell grew up in the family produce business and have operated the store for almost eleven years. You can also find them at the Englewood Farmers Market when it is operating. To ensure the safety of employees and customers, they deep clean contact areas, wear masks, cashiers stand behind a plexiglass barrier and floor markings measure out the six-foot social distancing marks.

The store's current hours are Monday through Saturday, 9am to 5pm. If you would like to order a produce box, you can contact them on their Facebook page or by calling 276•0234.



Rhoads allows to you to pick out what you want in the quantity you need.



Rhoads Produce is located in the big Red Barn at the corner of SR776 and West Wentworth St.

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The Real Englewood Area Dish

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BY SHARYN LONSDALE

CRAVING Comfort FOOD

Rita Bertler has lived in Englewood since 1986, when she moved from Milwaukee to join her husband Dick, who had opened the Cornerstone Deli Cafe in Cornerstone Plaza. The couple went on to run the popular Peppermill Restaurant and Jewelry Store from 1989 until 2007.

Dick was the chef and ran the kitchen, while Rita took charge of the front of the house. "Dick and I would have killed each other if we were in the kitchen together," she joked. The couple "retired" but kept busy. Rita is the president of Dollars for Mammograms, a nonprofit that helps provide women in need with breast cancer screening. Dick kept cooking at home until he became ill and after a long, brave fight, passed away in 2016.

Rita is an active member of the community and a definite "people person," so sheltering in place hasn't been easy. She only goes to the grocery store every 10 to 12 days and has organic produce delivered. She kept a well-stocked pantry before the crisis, and almost always cooks from scratch. But she had to get used to cooking just for herself. "I've eaten every meal alone except two since the beginning of March," she said. But like so many others who have rediscovered their slow cooker and cleared the grocery shelves of yeast for bread baking, Rita has turned to cooking to stay busy and for comfort.

On a rainy day, Rita says she started looking through her family recipes and cookbooks "It must have inspired me because I've been here cooking up a storm."

She started tackling classic Greek dishes like moussaka and pastitsio (also known as Greek lasagna), even though they're time-consuming and meant to serve a crowd.

"I've always gotten pleasure out of cooking for people and seeing them enjoy food," she said. These days those people are only her son Chris and his wife Dawn, and she's stocking her freezer with homecooked meals.

While Rita said she's not one to snap a photo of her restaurant meals or dishes she's prepared, she was proud enough of her pastitsio to share a photo to the What's Cooking in Port Charlotte Facebook group page. Rita said that seeing what others in the group and on Facebook have been preparing during the past month has helped motivate her to keep cooking.

When people started asking for the pastitsio recipe on Facebook, Rita was hesitant at first, not because she didn't want to share, but because she says "I'm an eyeball cook. I cook with what I have and with my eyes, so I can't always give a recipe."

And, because she got so used to cooking healthy and salt-free when her husband was ill, she often changes recipes accordingly. When Rita makes moussaka, she bakes the eggplant instead of sauteing it in oil and she invented her own lasagna recipe that replaced most of the noodles with zucchini. While she followed this recipe to make her pastitsio, she did add eggplant to the filling because she had some on hand that she needed to cook, and she likes the flavor.

Pastitsio

(Macaroni Casserole)

INGREDIENTS

Bechamel Sauce:
1 1/2 sticks of butter
3/4 cup flour
7 cups hot milk
7 large eggs
1lb small curd cottage cheese
1/2 tsp nutmeg
Dash of salt

Filling:

1 1/2 - 2lb lean ground beef
(some recipes call for 1 lb beef and 1 lb ground lamb)
1 large onion chopped
1 garlic clove, peeled & minced
1 cup chopped parsley
1/4 cup olive oil
1 tsp ground cinnamon
1/2 tsp grated nutmeg
2 cups chopped peeled plum tomatoes or equivalent amount of tomato sauce
1/2 cup dry red wine (optional)
Salt & pepper to taste
One pound ziti, penne, or similar tube pasta, boiled al dente and drained
1 cup kefalotiri cheese, or substitute fresh grated Parmesan or Romano

DIRECTIONS:

Filling: Heat the olive oil &



Pastitsio

sauté onion & garlic. Add meat & brown, add herbs, tomatoes, wine, nutmeg, cinnamon, salt & pepper. Simmer uncovered, for 20 minutes.

Bechamel Sauce: In a large saucepan, melt butter. As soon as it begins to bubble, add flour & stir for 5 minutes over low-medium heat until flour begins to turn golden. Gradually add hot milk, stirring constantly until mixture is thickened and smooth. Remove from heat and cool slightly. Beat the eggs until frothy (Rita says this is important). Stir cottage cheese

slowly into sauce, along with well-beaten eggs & nutmeg.

Preheat oven to 350. Pour cooked and drained pasta into a greased 10 x 15 x 3-inch pan or deep lasagna pan. Add half of grated cheese, 2 cups of sauce, and meat mixture. Toss well & pour the rest of Béchamel evenly over top. Sprinkle with the remaining cheese. Bake for at least one hour, or until the top is golden and puffy but not browned. Let cool for 20 minutes before serving. Yield: 10-12 servings

Craving traditional macaroni and cheese that doesn't come from a box? This classic comfort food recipe, published in 1946, is my go-to and one of the few recipes where I don't change a thing.

Fannie Farmer's Macaroni and Cheese

INGREDIENTS

1 8 oz. package of macaroni
4 tbsps butter
4 tbsps flour
1 cup whole milk
1 cup cream or half and half

Salt and pepper to taste
2 cups good quality cheddar cheese
1/2 cup plain breadcrumbs, sauteed in one tablespoon of melted butter

DIRECTIONS:

Preheat oven to 400°F.
Cook and drain macaroni according to package directions; set aside.
Mix flour with salt and pepper. In a large saucepan melt butter. Add flour. Whisk until well blended. Gradually pour in milk and cream; stirring constantly.

Bring to boil and boil for two minutes, stirring constantly. Reduce heat and cook for 10 minutes, stirring regularly. Add shredded cheddar little by little and simmer an additional 5 minutes, or until cheese melts.

Remove from heat. Add macaroni to the saucepan and toss to coat. Transfer macaroni to a buttered casserole/baking dish

Sprinkle with breadcrumbs.

Bake for 20 minutes until macaroni is bubbling and the top is golden brown.

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Berry Fun!

By Chris Cameron

If you hurry, you can take advantage of a great family outing and come home with lasting memories and a bucket of blueberries. Last weekend, I traveled to Blueberry Bunch Farm in LaBelle where I went blueberry-picking and had a great time getting my fill of delicious berries out in the fresh air where you could put COVID-19 in the background for a while, and enjoy yourself.

Blueberry Bunch Farm offers U-Pick blueberries through May 17 this year. Picking blueberries turned out to be easy. Florida variety blueberries, unlike strawberries where you bend to the ground or blackberries & raspberries that threaten you with thorns, grow on tall bushes with smooth leaves. You just move down the wide, mowed rows of six feet high (or so) blueberry bushes. Pluck the ripe ones off a branch and fill your pail! Of course, some berries have to find their way into your mouth to “sample.”

The atmosphere was one of delight and joy. There were families with young kids carrying their sand buckets and you could overhear shrieks of laughter when they plucked a berry (“but I want the red one – no, you want a purple one, dear.”) There were adult children accompanying their elderly parents who promised blueberry cobbler, young professionals, teenagers - all laughing, texting and sending photos to their friends as to the wonderful time they were having. I think I enjoyed hearing the laughter, conversations and singing as much as picking the berries.

Upon arrival at the fields, you are given a plastic pail and turned loose to work a row among the 50,000 blueberry bushes. Although the fields had already been harvested commercially, there was no

shortage of berries ripening with more to come. The berries are sold for \$6 a pound and a filled pail (5 pounds) costs \$25. No, they aren't inexpensive but you pick the ones you want to keep and how much is an experience worth?

Social distancing signs are posted and the only place you

really need to be aware of it is when you get in line for an empty pail and when you pay upon leaving. Free-standing handwashing stations are available.

The farm is located at 2754 Howard Rd, LaBelle, FL 33935. It takes about 1 ½ hours to drive there from Englewood. They are open for U-pick Friday through Sunday, 9am to 2pm, and they close for the season on May 17. If you go, you will want to take a hat, sunblock and water as there is no shade nor refreshments. However, some kids who lived across from the entrance to the farm, had a thriving lemonade stand.

Blueberry Bunch Farm has planted 9,000 organic blueberry bushes with the plan to offer organic berries next season. If you like blueberries and want to try picking your own, it couldn't be easier and for me, it certainly made for an enjoyable outing with berry fun. Even if I had blueberry stains on my fingers afterwards!



Blueberries on a branch.



Chris shows off her blueberry haul.



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Stay Home and Stay Safe!

Nature Calls

Sea Turtle Story Update

Regarding the “The Turtles Are Coming!” article that appeared in the April 24, 2020 issue of the Englewood Review, there are two corrections to the story. The information for “How You Can Help Sea Turtles Beat the Odds” was taken from the Sarasota County government website and since then that information has been amended to advise that ALL lighting must be extinguished or shielded from the beach so that the turtles do not become disoriented by artificial lighting. The other correction is that only the sea turtle hatchlings swim out to the Sargassum seaweed rafts in the Gulf to feed. The Review apologizes for the misinformation.

Be a Citizen Scientist

Marie Selby Botanical Gardens (Selby Gardens) is collaborating with the New York Botanical Garden, Chicago Botanic Garden, Denver Botanic Garden, and Desert Botanical Garden to expand New York Botanical Garden’s pioneering EcoFlora Project. The goal of the EcoFlora



Coastal Wildlife Club (CWC) sea turtle patrol volunteers are monitoring the beaches daily for evidence of turtle nesting activity. Here (left to right) Cindy Gettle, Chris & KC Farrell maintain social distancing during their patrol.

Project is to enlist the help of citizens in documenting the diversity and distribution of plants in their respective geographic areas. The Sarasota-Manatee EcoFlora Project is dedicated to the flora of Sarasota and Manatee Counties. Southwest Florida is home to a significant diversity of plants, animals, fungi, and habitats that provide such vital ecosystem services as cleaning the air and filtering the water. This biodiversity, though, is under increasing threat by development, invasive species, and a changing

climate. You can play a role in this effort through a platform that EcoFlora Project is using called iNaturalist. The Gardens will organize “EcoQuests,” or challenges to encourage people to hunt for a particular genus or species and conduct “bioblitzes” where staff will work with citizens to document as much as possible in a particular natural area, especially plants. “What is wonderful about this project is that it will engage citizens from adolescents to retirees who love to be in nature and want to know



This snowy egret is eyeing the surf for its next meal while Sandi Firtion of Englewood watched.

what plants are called and where they grow,” says Bruce Holst, vice president for botany at Selby Gardens. A second project to map and identify epiphytes in the United States and Canada will require the help of more advanced amateur naturalists, since epiphytes are often found high in tree canopies. For more information on the EcoFlora project visit www.selby.org.

The items appearing in this column are as accurate as possible. Please phone the listed numbers for confirmation and further information. If you have an upcoming event you would like to have considered for *Nature Calls* please send info and/or photo to *The Englewood REVIEW*, 370 W Dearborn St, Suite B, Englewood, FL 34223 or englewoodreview@comcast.net.

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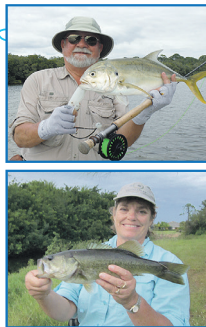
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Shore Fishing During These Strange Times

It is hard to stay off the beaches during this crisis but absolutely necessary as we continue to develop effective social distancing behavior. We all enjoy a little beach time, but only if we act smart. If the beach access continues to be open this summer, it will be easier to keep some distance between locals, especially if they are fishing. Folks that fish too close to each other will suffer tangled lines and complicate a fun and socially isolated day in the sun. Until then, remember there are still options for saltwater fishing, just not on a beach. Here are a couple of suggestions for shore fishing spots that are available now.

Lee, Charlotte and Sarasota County Park beaches are now open as are boat ramps, although each county states on their website that this may change. Keep in mind that most piers are closed to avoid spreading the COVID 19 virus. So, take a look at Google Maps and Google Earth to find options for shore fishing or kayak launching.

Here are a couple of spots nearby that we have found productive in the past that are accessible now:

• **Lemon Bay Park** – This spot, in addition to miles of beautiful trails, has some really fine wade fishing flats. If you head down the stairs at the kayak launch, the flats to the north get gradually deeper from the shore out to the ICW channel. Wading about waist deep in warm bay water will put you into some trout, ladyfish, snook, pompano and redfish while the breeze cools your topside. If you head to the south end of the park, exit the path before the last boardwalk pier to find a long, shallow sand bar leading south into Lemon Bay. The canal nearby that drains into the bay at low tide, attracts gamefish here. There are a couple of deeper sand holes at the end of the bar that are worth a cast or two.



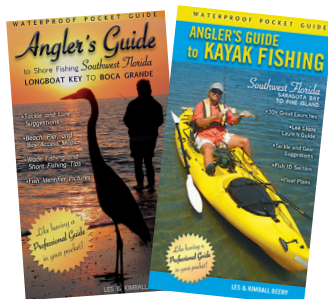
The Venetian Waterway Trail at Shamrock Park.

• **Shamrock Park** – As with all parks in Sarasota County and around here in general, the amenities are closed. We like to park near the tennis courts then walk between them, straight ahead to the trail leading to the ICW. There you'll find a picnic table and a shelter for shade or rain. The red channel marker #52 shows how close the dredged channel comes to the shore here. We like this spot on a tide falling to the north. For the best bite, cast into the channel and retrieve your rig until you feel resistance as you begin to pull it up the side of the dredged channel. Most fish cruise this edge as they pass by. The Venetian Waterway Trail gives access to the length of the ICW in this part of Venice. Some folks just walk or bicycle along ignoring the great fishing here. If you're into multi-tasking, try walking along the trail and stopping every now and then to cast a jig or lure as you go. Good exercise but remember to stay socially distant on the trail.

• **Cedar Point Environmental Park** – has access to some good wading spots but they require a bit more walking to get to them. From the main building and parking lot, head southwest on the "jeep trail" towards the kayak launch and dock at Cedar Point. The bottom around this dock is pretty hard and good for wading. The wading gets a little tougher and the bottom softer if

you wade to the north. When you head back towards the parking lot, take the first trail to the south and find another protected bay with wadable flats, oyster bars and sandy beaches.

So these are a couple of our favorites. Get a few live shrimp or a pocket full of jigs and lures and get outside. Fishing is one of the best activities to stay safely isolated from others while you catch some fresh air and sunshine in southwest Florida. Just remember to social distance from other humans and try to keep at least 100 feet between you and any other anglers to avoid tangling your lines.



Kimball and Les Beery, authors of Angler's Guide to SHORE and KAYAK Fishing Southwest Florida, contribute these excerpts from both WATERPROOF books to promote the excellent fishing available in the Englewood area. They are available locally at Old Florida Gallery on West Dearborn, and for download at www.anglerpocketguides.com & www.amazon.com.

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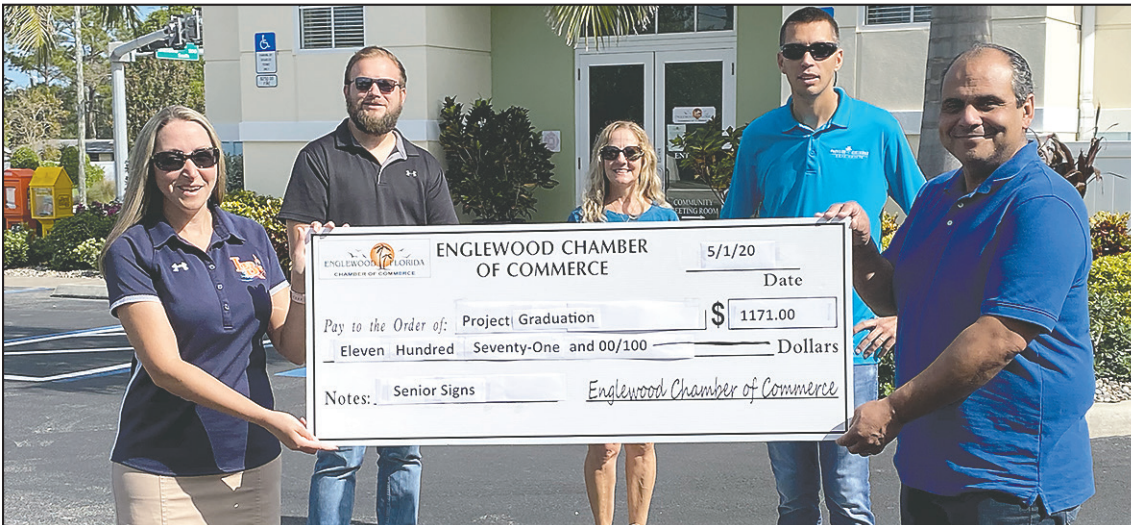
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Keeping UP with KIDS



Project Graduation got a boost from the members of the Englewood Chamber of Commerce in order for the group to give each Lemon Bay High School Senior a yard sign congratulating them. The Chamber was able to present a check for \$1,171 to LBHS Project Graduation. Melissa Slicker, Senior Class Sponsor, is pictured accepting the donation along with Chamber President Jonathan Varner, Lisa Wilson of Project Graduation, Chamber President-Elect Brian Faro and Thaddeus Capeles of Project Graduation.

Scholastic Summer Read-A-Palooza

Scholastic Summer Read-a-Palooza unites kids, parents, educators, public librarians, community partners and booksellers in a nationwide campaign that celebrates reading for fun while improving access to books during the summer. Scholastic knows it's critically important to keep kids engaged in summer reading to ensure their academic success in the fall. That's why they are reimagining summer by providing reading opportunities. For 2020, there is a brand new kids experience in Scholastic Home Base, a free

digital destination, which offers full books, live events, and games in a safe community for readers! Kids will be encouraged to track their reading streaks™ to earn rewards and unlock book donations, with the goal of donating 100,000 books by July! Scholastic Summer #ReadAPalooza is free, easy to use and empowers kids to read and learn through their new Home Base experience. Head over to: <https://bit.ly/3flsmWm> to learn more.

Adopt a Manta Ray Senior!
The COVID-19 pandemic has drastically impacted everyone's lives and the 2020 graduating

seniors at Lemon Bay High School are no exception. Their class trip was cancelled, the fate of their senior prom is still unknown. Members of the Englewood community want to do something special for these graduating seniors. A Facebook group, Adopt a Senior Charlotte County, has been established to "shower the seniors with extra love." Parents and guardians of the graduates are encouraged to join the group and post a brief summary of their senior with pictures highlighting their senior year. The public is encouraged to adopt a senior or two and send a letter, card, balloons, gift,

gift card – anything to make the senior feel special. If you would like to adopt a senior, join the group and browse the seniors who have not been adopted and make their day! Every senior deserves to be spotlighted! The Facebook group address is <https://www.facebook.com/groups/157152079069316/>

LB Athletes of the Month

Lemon Bay High School Athletic Department has announced their March Athletes of the Month. Congratulations to **Bailey Grossenbacher** and **Lance Schyck**! Bailey Grossenbacher, a senior, is a member of the Girls Softball team and has some outstanding achievements. Over five games in March, Bailey batted .667 including 12 RBIs and scored ten runs. She also hit her 15th and 16th home runs of her career, to break the career home run record for Lemon Bay. Bailey continues to be an offensive threat every time she comes to the plate. She will play Division 1 softball next year for Florida International University. Lance Schyck, a sophomore, shines in wrestling. He finished his sophomore year at the state tournament as runner-up! His overall record was 43-1, with 28 pins. Lance made First Team Sun Preps All-Area Wrestling and First Team HTPreps All-Star Team. These other outstanding athletes received Honorable Mention for March - Marie L'Abbe (sophomore) and Elizabeth Schum (junior) in Girls Tennis; Christain Chandler (senior) and Ella Kraszewski (sophomore) in Softball; Cassandra Heeg

(freshman) in Girls Track and Field. Lemon Bay Athletic Department thanks you for your support of the Manta Rays! Follow them at www.facebook.com/mantaathletics.



The Rotary Club of Englewood and Rotakids are helping to fight childhood poverty with Red Nose Joke-Ha-Thon. In recent years, the Rotary Club of Englewood partnered with Walgreens to promote Red Nose Day with the local elementary schools. In light of the COVID-19 global health crisis, the iconic Red Noses will not be sold in Walgreens stores this year. Rotakids, a youth program that introduces Rotary ideals, wants to use the power of their own voices and the power of laughter, to help children living in poverty. They are sharing their best jokes to spread some much-needed joy and raise some life-changing cash to support these children. How can you help? By laughing at their jokes and making a donation to help them meet their fundraising goal. With a donation the public can unlock their own digital Red Nose at www.fundraise.rednose-day.org/fundraiser/2752556. No gift is too small: \$1 can provide nutritious food for a child after school, \$3 can buy a warm, clean blanket for a young person facing homelessness. Thanks to Hasbro, money raised will be matched up to \$50,000.

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Drive-thru Kids Dinner

The Boys & Girls Clubs of Charlotte County are continuing to offer a Community Drive Thru Dinner Program. On **Tuesdays, Wednesdays and Thursdays from 4:30 to 6pm**, kids up to 18 years old may receive a free dinner at the Englewood Boys & Girls Club at the Gulf Cove United Methodist Church, 1100 S. McCall Road, Port Charlotte. For more information, call **235-0668** or email info@bgcofcc.org.

BBBS Goes Virtual

Big Brothers Big Sisters of the Sun Coast (BBBS) has received a \$12,700 grant from the COVID-19 Response Initiative, Gulf Coast Community Foundation and Charles & Margery Barancik Foundation for laptops to convert to virtual services to connect staff, children and volunteers. "We are so grateful for the quick and outstanding support of meeting the social and emotional needs of our children during this crisis," said Joy Mahler, president, and CEO of Big Brothers Big Sisters

of the Sun Coast. "The nature of BBBS has relied on personal relationships through all stages of recruiting, screening, enrolling and supporting the families, youth, and mentors that expect us to facilitate strong, healthy relationships. In a time when vulnerable youth are already facing extreme personal and family challenges due to lost jobs, missed meals, and feelings of sadness and isolation, our mentors need to be able to stay connected to their Littles and continue to guide and support them."

Local Students Graduate TCC
Tallahassee Community College recognized more than 3,000 candidates for graduation during the College's year Commencement Ceremony on May 2nd. The graduating Class of 2020 were awarded their degrees during the ceremony. The following local students earned their degrees: **Ben Surak** and **Julie Samuels**, both of Englewood. TCC would like to congratulate all graduating seniors.

Youth Sailing Camps

How about sailing over the sparkling waters of Lemon Bay? The Englewood Sailing Association has scheduled their first "Learn to Sail" course of the season for youngsters ages 10 to 17, **June 1-5**. The ESA has been in existence for 18 years and their primary mission is to introduce youth to the sport of sailing. John Riehl, President of ESA, says, "It's great to see the youngsters go from knowing nothing about sailing to captaining their own boat. We are all volunteers here, and during the session we focus on building the three Cs, which are Confidence, Character, and Community." The kids especially enjoy the Sea Grass Adventure according to Mike Basch, V.P. of ESA. The students net creatures from Lemon Bay and then learn about the bay's ecosystem. At the family picnic held at the conclusion of the course, they get to show off their new skills by taking a family member out in a boat with



them. Sessions are **9am to 3pm** and the course is \$150. Students must know how to swim. Boats are provided. Additional LTS courses for beginners will be offered **June 15-19**, and **July 6-10**. Intermediate and Advanced Sailing Courses are also offered for students who decide they want to learn more. Adult sailing is also available for members. For more information log into www.swflymca.org/programs/online-program-registration/, then select "Specialty Camp" then "2020 Sailing Camp."

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The ENGLEWOOD REVIEW

HOME & GARDEN

indoor outdoor

By Jocelyn Hoch

Englewood Center For Sustainability A New Chapter of Friends of Sarasota County Parks

By Jocelyn Hoch

Two weeks ago Friends of Sarasota County Parks (FOSCP) added the new chapter, Englewood Center for Sustainability (EC4S), to their nonprofit organization. Even in hard times good things are still going on in the community. This made the EC4S eligible to collect donations during the Giving Challenge, and thanks to the Patterson foundation for matching all the donations dollar for dollar up to \$100.

The Englewood Center for Sustainability (EC4S) was originally established 10 years ago at the Buchan Airport Community Park. The goal was to build a community garden. It was a big success, and it is still growing. They also supported the Edible Garden Tour put on by a team of conscious gardeners in the community. Their goal was to bring awareness to all the wonderful plants you can grow in this climate. It was inspiring to watch people become educated about the local edible landscapes. From this platform many people held workshops teaching sustainable methods of gardening and the uses of these edible plants and about the edible plants growing in local parks. Many other projects supported by FOSCP fell dormant and they closed the chapter due to lack of interest.

With the chapter reinstated, a motivated team has come together. The team consists of Jocelyn Hoch, Ebb & Flow Farm; Julie Randall, backyard permaculture specialist; Hitoko Sakai, an avid organic gardener and owner of Hello Kitchen, a vegan creamery; Dr. Robin Roarke, owner of Holistic Healing Arts; and the original crew from the Edible Garden Tour. New edible garden tours will be developed.

The vision is to assist people with projects around schools, parks and homes by introducing them to an ecological modern system. This is a system of interplanting food and native plants that can thrive in the future by creating biological systems that clean and reuse our precious water and feed our populations without using toxic chemicals, pesticides or herbicides.

Classes will begin in the fall and teach the fundamentals of healthy living in every way. The objective is to encourage people of all ages to view the natural world around us with a great sense of care and purposeful intent to conserve the eco system that surrounds us. We would like to assist schools in growing gardens that can teach the children about vegetables and how to care for them, and inspire people to understand their own intrinsic connection to the biological model of the Earth. The intention is to create a model permaculture design that can serve as a learning tool and resource for people to come and visit and take inspiration from.

2020 Vision Projects for EC4S

The first project, once approved, will be to begin a food forest and native plant walk on the Tom Minnich Trail and on the back side of the community gardens at Buchan Park. The objective is to be-



Englewood Community Garden.

gin growing a model garden, a blend of native, edible and medicinal plants that are available for teachers and for the community to learn about. Outdoor classes envisioned are: teaching the fundamentals of permaculture, biodynamic systems, implementing modern mycological models created and modeled after Paul Stamets' work. Aquaculture systems may be installed from the water catchment basins

and used for irrigation, and these systems can be implemented locally at residents' homes using their own water barrels.

Ethnobotany will be integrated into the landscape in and around this park, creating a symbiotic oneness with the natural world and people. The true model is to create a system that provides food, habitat, crafts and products for all involved within that biosphere. Many different classes can be taught such as: plant identification, mycology – mushroom cultivation, aquaculture, natural biofiltration one can build by themselves, micro organism collection and use, how to make natural pesticides & natural non toxic herbicides, composting, how to make medicines, salves, and beauty care products, holistic healing, cooking classes, nature crafts, vermaculture classes and care, proper composting and soil health.

The mission is bring awareness to people of all ages about health of the planet and themselves. We wish to inspire everyone to grow their own food, create abundant edible landscapes, preserve our land and water by recreating our waterways and run off systems using new technologies that are sustainable for our future.

Volunteers are needed to come and learn and work. To donate or sign up to volunteer please contact jocelynhoch@yahoo.com. Check our page on facebook: Englewood Center for Sustainability or follow Ebb & Flow Farm for more information.

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Why Does My Cat Vomit?

One of my feline friends and I had a discussion about why cats puke more frequently than dogs. I did some research also and here is what I learned.

Vomiting is an active process that involves stomach noise, retching and heaving before food, fur or a foreign object is expelled. Regurgitation is a passive process where the food just pops out, often undigested in a tube or cigar shape.

What may cause a cat to vomit or regurgitate?

- 1. Gorging** – My feline friends may eat too fast and too much just like we dogs may do. This triggers a stretch reflex in the stomach and the undigested food is regurgitated back up.
- 2. Hairballs** – Cats waste a lot of their time grooming. Who are they primping for? Anyway, some cats are able to pass hair through their digestive tract into their stools but for other cats, the hairball grows in the stomach until it causes irritation and is vomited up. It is common for a cat to expel a hairball every week or two as a serious complication might occur if it is left to move into the intestinal tract where it may cause a blockage.
- 3. Grass or other foreign bodies** – Dogs are not the only animals that like to eat things they shouldn't. If cats eat grass, leaves, plastic, bugs and other foreign objects, it may lead to vomiting.

- 4. Food allergies** – Believe it or not, food allergies are very common in cats – they may be allergic to either the protein or carbohydrate in their food. The most common cat food allergens are beef, fish, eggs, wheat and milk. Even if a cat has been eating the same food for years, an allergy may develop.
- 5. Internal parasites** – Excessive vomiting could be the result of internal parasites such as hookworms, roundworms, tapeworms and whipworms. We dogs are susceptible to these same parasites!
- 6. Constipation** – Cats that pass a dry, hard stool every few days may be constipated and vomit from feeling bloated and plugged up. How miserable!
- 7. Disease symptom** – Frequent vomiting may be a symptom of liver failure, kidney disease, irritable bowel disease, gastritis, diabetes, hyperthyroidism, adrenal gland disease or cancer.

When should you be concerned? If your cat is vomiting several times a day, has blood in the vomit or if the vomiting is accompanied by other symptoms, contact your Vet. Treatment will ultimately depend on the cause but there are ways to help your cat avoid tummy upset. Those include offering smaller portions, providing plenty of fresh water and withholding certain ingredients.

Sources: Cornell University Feline Health Center, Kristel Weaver, DMV at webvets.com and PetCare Rx.

Suzan Naskrent-Mooney started making face masks and her first batch of masks went to the staff of the Suncoast Humane Society. She continued to make masks and dedicated the



donation proceeds to the animals of the Suncoast Humane Society. She collected \$1,000 worth of donations and challenged people to match it during the SHS Giving Challenge 2020 event. With the donations being already matched by the Patterson Foundation, the first \$1,000 worth of donations were tripled. Suzan is continuing to make face masks and if you would like to purchase some, you can reach her at 828-226-0572. Way to go, Suzan!



These are just a few of the many animals waiting for adoption. You can see all of Suncoast Humane Society's adoptable animals by visiting their Web site, www.humane.org.

474-7884 • 6781 San Casa Drive.
Photos by Suncoast Humane Society

Hi, I'm Duke! Are you a physical and active person? Are you a strong handler and familiar with my breed? Perfect! Because those are some of the needs I have. Full grown at 101 lbs, I thrive on attention. With a consistent approach and a schedule of our activities, I can be easy to train and will learn quickly. I know basic commands, am house-trained and very friendly. I enjoy walks and playing with my toys. Hope to meet you soon to share even more about myself and perhaps be your next companion!

Hey, it's me - Luna! I have all of the qualities you may want in a cat companion. I like to be held and petted. I'm a good eater and like to sleep with my human friends. I would be best as the only pet, and in a less active home. So, what do you say? If you are the one for me, I sure hope to meet you soon!

Ask how you can become a foster home for EARS. To see all the EARS animals, visit us at 145 W. Dearborn, or visit Petfinder.com, or EarsAnimalRescue.com.

For more information, call EARS: 941-681-3877. Adoptions events are either at EARS or Pet Supermarket Saturday, 10am-1pm. Call to confirm location.

Animal Rescue & Pet Food Store
145 W. Dearborn • 681-3877 (FURR)

Photos by Bobbi Austin

Cash or check donations to help the animals is greatly appreciated. **EARS ANIMAL RESCUE** is a 501(c)3 non-profit, so any donation is tax deductible.

GABBY is an 8-year old terrier mix. She loves people, kids, cats and other dogs. Gabby is quiet and would be a wonderful family companion animal.

ENZO is a two-year old neutered male tiger kitty. He is completely tiger – no white. Enzo is extremely friendly and has lived with other cats.

All of EARS pets are spayed or neutered, vaccinated and micro-chipped in your name.
EARS Animal Rescue's Thrift Store Is Now Open Tuesday - Saturday, 11a.m. to 3p.m.
All donations of clothes and housewares are needed to help the EARS animals. If you have items to donate, please call 681•3877 to schedule an appointment.



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- Kate G. - Current Resident

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- Pat M. - Current Resident

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Calendar *at a Glance*

Due to the cancellation of almost every event or gathering, and the uncertainty of any event actually happening, we are not publishing a calendar listing this issue.

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 The Englewood REVIEW is published every other Friday with the deadline being noon, the Friday before publication. See Our Classifieds at www.engagewoodreview.com

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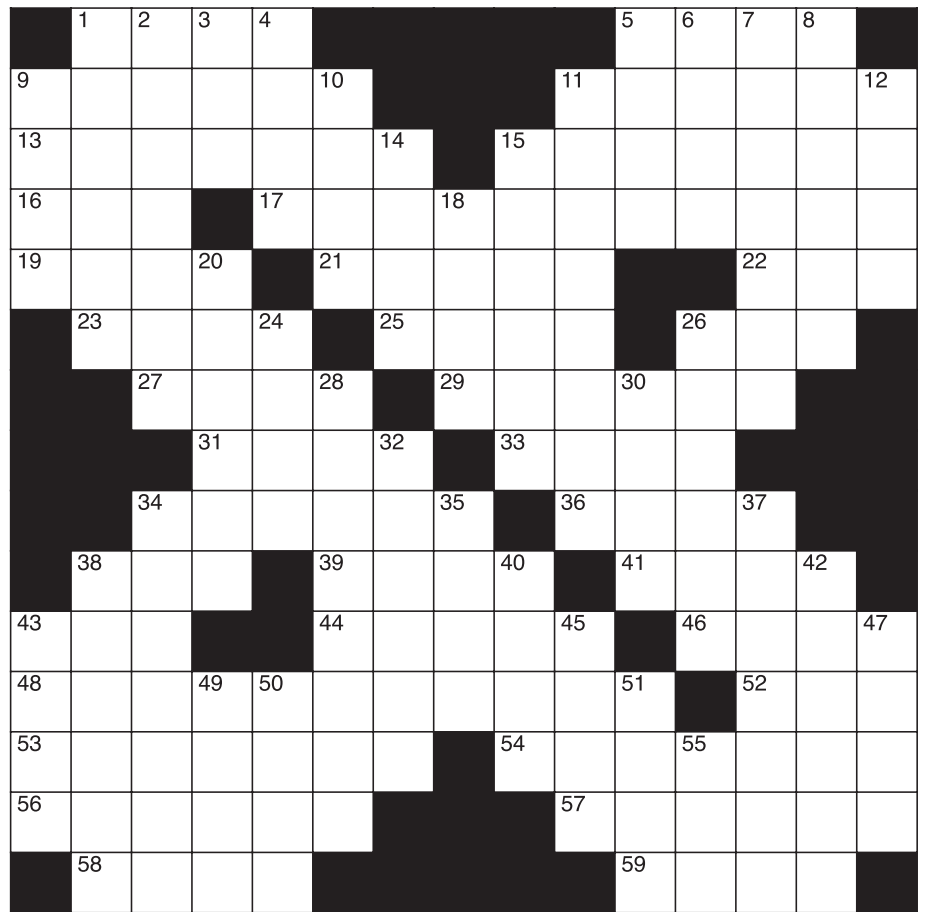
Remodel sale. Maytag washer and Whirlpool dryer. \$25 each. GE 30" electric range. Five burner radiant cooktop, convection oven with steam clean, model JS750EFES. Asking \$500. **941-468-2704**

Make a Difference
RECYCLE

Crossword Puzzle

CLUES ACROSS

1. No longer on the market
5. W. African language
9. A way to open
11. A type of pigeon
13. Japanese warrior
15. Pelvic areas
16. No seats available
17. Not working
19. In a way, soaks
21. Growing outward
22. Ritzy local ___ Air
23. Telegraphic signals
25. Metric units
26. Large wine cask
27. Fiber from the husk of a coconut
29. Gets up
31. French river
33. Witnesses
34. They make great neighbors
36. The sun does it
38. Used to store ashes
39. First Chinese dynasty
41. Network of nerves
43. Word element meaning ear
44. Metric unit of length (Brit.)
46. Tributary of the Danube
48. Off-limits
52. Appeal earnestly
53. It's good to have them
54. Commercial flying company
56. Acted out in protest
57. Took to the sea
58. Cuckoos
59. Drove fast



CLUES DOWN

1. Trapped
2. About osmosis
3. Romanian monetary unit
4. Form of Persian
5. Cold wind
6. Leave out
7. Small vehicle
8. A little off
9. Soviet Union
10. A narrow path or road
11. Contrary beliefs
12. One who speaks Gaelic
14. Private school in New York
15. Jackson and Townshend are two

18. Soldier in an airborne unit

20. Taken illegally
24. Capital of Valais
26. Male reproductive organs
28. State capital
30. One with supernatural insight
32. Starts all over again
34. Jai alai arena
35. Star Wars antagonist
37. Freestanding structure
38. The ideal place
40. The extended location of something
42. Made level

43. Distinctive smell

45. Greek goddess of discord
47. Got older
49. Type of monkey
50. Travels to
51. Geological times
55. Edge

SUDOKU

		5	8					3
					7			
			4	3		9	1	
2				9	7			
	6							4
4	3			2				
5	8		9					
3								6
	7					2	5	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

PUZZLE SOLUTIONS

C	E	L	S	S	I	N	V							
D	E	L	I	V	S	D	E	L	O	I	H			
N	E	I	L	I	V	S	N	O	I	L	P	O		
G	E	B	E	H	E	H	T	O	G	T	N	O	D	
V	L	V	E	T	R	E	M	E	T	O	T	O		
S	T	S	E	S	E	S	O	C	N	E	F	E		
S	E	S	E	S	E	S	I	O	L					
S	E	S	I	R	I	V	R	I	O	C				
N	T	S	R	E	V	A	S	I	D					
L	B	E	R	A	V	A	N	E	T	S	H	E		
V	E	I	T	A	P	E	R	I	N	O	E	S		
V	E	N	I	R	E	P	I	V	A	N	U	M	A	S
G	N	I	M	O	H	L	V	A	L	E	S	N	U	
U	W	O	B											

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