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Flip!Book Index

March 27th, 2020



March 13th, 2020



February 14th, 2020



February 28th, 2020



January 31st, 2020



e-edition



The ENGLEWOOD REVIEW

Always Local, Always Positive

Around the Town



The Manasota Key Beach Renourishment Project has finished up on the Manasota Key Charlotte County section of the project. The beach has been widened, leveled and graded, and according to seasonal resident Paula Kaye who shared this photo of the Great Lakes dredging pipes being removed from the Charlotte County section, it looks "fabulous." Crews are now working in Sarasota County and expect to complete that portion by May 1st, the official start of sea turtle nesting season. Sarasota County appreciates and thanks the property owners in the gap area (homeowners who chose not to receive sand through the project) as their assistance is critical to completing the project. After finishing in Sarasota County, construction will then move back into Charlotte County for Don Pedro/Knight Island sand renourishment.

St. David's Easter Livestream
St. David's Episcopal Church invites all to join them for livestreaming of their Easter Sunday service on **Sunday, April 12**. The Holy Eucharist will be broadcast at **10am** on St. David's Facebook page: facebook.com/saintdavidenglewood. After the livestreaming, the service will be posted on St. David's web page: stdavids.dioswfl.org. When public health restrictions are no longer in place, they would like to welcome everyone to worship in the church sanctuary again at 401 S. Broadway.

GCUMC Easter Service
Gulf Cove United Methodist Church invites you to join in their virtual Easter service. Due to health concerns, there will be no services held in the sanctuary. However, you can join them at **10am on Sunday, April 12**, by going to the church website at www.GulfCoveChurch.com and clicking on the Worship Online button on the left side. You will be redirected to the church's

Facebook page where you can join the congregation online. You may not see anything until right at **10am**, and you do not need a Facebook account to view. Gulf Cove UMC wishes everybody a spiritual and healthy Easter Season. Should you need to reach the church, the phone number is **697-1747**, and temporary office hours are **Monday thru Friday, 9am to noon**.

Easter SonRise Service
Fellowship Church, 140 Rotonda Blvd. West, is having a Good Friday Concert on **Friday, April 10 at 4pm** in their Worship Center. Celebrate with songs by Pastor Garry Clark and the Fellowship Church Worship Band & Praise Singers. After the concert will be a communion service. On **Easter Sunday, April 12**, attend the Easter SonRise Service at **7am** at the Fellowship Church courtyard in front of the crosses. There will be special music and a message by Pastor Clark. Communion will follow the service. All are

welcome to attend both events. For more information, call **475-7447**. Livestreaming is also available at watchFCLive.com.

EUMC Services
In compliance with CDC guidelines regarding the COVID-19 pandemic, Englewood United Methodist Church (EUMC) has cancelled all public gatherings until further notice. EUMC's Sunday worship services will be held online at **7:45am** and **11am** for the traditional services and **9:15am** for the contemporary service. To view, select "Livestream" on the church's website, englewoodumc.net.

Drive-By Communion
On Easter Sunday, Christ Lutheran Church Englewood, 701 N. Indiana Avenue, will celebrate drive-by communion from **9:30-10:30am**. They ask you to remain in your vehicle and receive the wafer and the wine/grape juice in disposable cups. All precautions will be taken to ensure your safety and honor social distancing while



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Class Blast

An array of webinars and other online events are being offered by UF/IFAS Extension Sarasota County in place of the in-person classes and workshops in order to do their part in helping stem the spread of COVID-19. Upcoming webinars include *Recycle Right!* On **April 14**; *April is Water Conservation Month* on **April 15**; *Earth Day 50: Trees for Health and Well-Being* on **April 16**; *Let's Make Some Black Gold* (composting intro) on **April 22**; *The Naked Seed (the secret life of trees)* on **April 25**; *Basics of Solar Energy for FL Homeowners* on **April 29** and *Green Cleaning Your Home* on **April 30**. Visit ufsarasotaext.eventbrite.com to register and view all the events. For questions, all **861-5000** or email sarasota@ifas.ufl.edu.

Food Pantries Limit Days

Englewood Helping Hand, Inc. has changed their days of operation temporarily. They are now only open at 700 E. Dearborn Street on **Wednesday and Thursday through the month of April from 9:30am to 2:30pm**. The Jubilee Center, 401 S. Broadway, has changed their days of operation temporarily to **Monday through Wednesday only, 10am to noon**. The food pantries are asking that clients choose one or the other food pantries as food is scarce at this time.

Shut-In Support

If you are shut in and in need of food, supplies or support with no church, family or neighborhood support available, please contact Tidewell Hospice and they will arrange to drop off supplies for you should you find yourself in need. Just email philanthropy@tidewell.org and Tidewell will respond and connect with you.

Facility Closures Extended

Charlotte County recreation centers, libraries and pools remain closed until further notice. County parks remain open, however, all park amenities, except boat ramps and trails, are still closed. County offices remain closed to the public and can be reached by phone, email or online. Transfer Stations are closed in the county; however, residents still have the ability to use their curbside services at this time. E-waste and appliance service can be requested online by visiting CharlotteCountyFL.gov and clicking on Garbage and Recycling on the left-side menu under Popular Links. The Charlotte County Landfill will not be accepting cash until further notice. Credit or debit card and prepaid accounts will be the only payment forms accepted. For more information, contact Solid Waste at **764-4360**. For online services, visit www.CharlotteCountyFL.gov and click the COVID-19 Information banner.

Visitor Bureau Offers New Resource

The Punta Gorda/Englewood Beach Visitor & Convention Bureau is providing extended resources for small business owners impacted by the coronavirus pandemic. The latest is the launch of a marketing campaign to help consumers find locally owned businesses that offer take-out and delivery options, virtual tours and activities, online education, and more unique destination offerings. The marketing campaign, called "Charlotte County Tourism: Our Best Side is by Your Side" is geared toward encouraging consumers to support local businesses from their home, while practicing social distancing under the State of Florida's Safer at Home Order. As part of the marketing campaign, the tourism bureau launched BestSideYourSide.com that highlights locally owned businesses, including attractions, restaurants, and more, and the great initiatives they're doing during this time. The new webpage is designed to serve as a source of entertainment and inspiration for tourism partners, local community and future travelers. Also, limited edition retro-looking, custom designed t-shirts are available for purchase at www.bestsideyourside.com. For restaurant tourism partners wishing to add or update their listing, visit www.PureFlorida.com/restaurant-partner-update.

rejoicing in the resurrection of Jesus Christ on this glorious Easter Sunday. Please enter from 776 (at Artists Avenue) and circle behind the Sanctuary to the north side of the patio where the Pastor and the Assisting Ministers will distribute prayer and communion. God bless you all.

Farmers Market Goes Online

The Englewood Farmers Market will be closed until further notice in compliance

with Federal, State and local guidelines. However, you still may be able to purchase your market favorites from the vendors. Go to EnglewoodFarmersMarket.org and click on the Vendor tab. Vendors are listed with their contact information as to their product availability for pickup or delivery. Vendors may post their products on the Englewood Farmers Market Facebook page as well. Customers may use their



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Lemon Bay Sunrise Rotary President Dr. Chace (right) hands John Bailey, SKY Academy Principal, a \$500 check on March 27. This money was used to feed students and their parents so they can eat as a family. In the 15 or so minutes that Dr. Chace was at the SKY Academy, 19 cars came and received meals. John Bailey and the families send their thanks to the Lemon Bay Sunrise Rotary Club. Also pictured is one of the 19 cars receiving meals from John Bailey.



For additional information, contact Jennifer Huber at 850-228-2272 or jennifer.huber@charlottecountyfl.gov.

COVID-19 Medicare Scams

Florida Department of Elder Affairs shares guidance on how to protect yourself against Medicare fraud as the state responds to COVID-19. "Medicare provides some easy-to-use and preventive measures you or your loved ones may wish to use to help avoid identity theft and other potential scams as our state responds to COVID-19," said FDOEA Secretary Richard Prudom. "We encourage all seniors to heed this guidance, including protecting your Medicare number and not giving out your Medicare card to anyone except your doctor or those you know should have it. These suggestions are beneficial for any possible fraud. I also encourage seniors to visit the Centers for Medicare and Medicaid Services dedicated

COVID-19 webpage at www.medicare.gov/medicare-coronavirus." You can also visit www.medicare.gov/fraud to learn about how you can protect yourself from Medicare fraud.

Employment Impacted by COVID-19?

As a service to the community, the Englewood Florida Chamber of Commerce is gathering the names and contact information of those individuals whose income has been impacted the COVID-19 situation. Having this information will serve two purposes: 1) They will be able to directly notify you in the event the Chamber learns of employment opportunities. 2) They will be able to directly notify you when the Chamber learns of relief benefits that become available to you. There is no cost for this service, and it is available to anyone. Go to www.Englewoodchamber.com/jobs to access the website. For questions, call the Chamber

of Commerce, 601 S. Indiana Avenue, at 474-5511.

COVID-19 Updates

Want to keep up to date on COVID-19? For factual information, visit the Florida

Continued on page 7

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Calling kids of all ages to create some colorful art and bring some inspiration to the Englewood community during the COVID-19 pandemic. An old metal building on the corner of W. Langster Street and S. McCall Road will soon go up in smoke as a fire department training exercise. Before that happens, Englewood resident Larry Ross with the support of building owner Ben Mitchell, is encouraging people to produce a creative expression of hope, image of releasing past negativity or embracing the future, to be displayed on the building. Please keep it positive, fun and non-political. Then watch the heARTS go UP IN SMOKE! All you have to do is stop by the building where free cardboard is available to create your artwork message and then return the finished art to the same location. Larry, the "museum curator," will display each piece on the building as a collective gallery to be viewed from the road. For more information, call Larry Ross at **207•399•2114** or email larry.ross51@gmail.com. Have fun and uplift your spirit!



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Department of Health at www.FloridaHealth.gov/COVID-19. The site also provides links to the Center for Disease Control and Prevention (CDC,) World Health Organization (WHO,) COVID-19 symptoms and guidance for businesses and health care providers. You can also visit the Sarasota County government dedicated page at www.scgov.net/government/health-and-human-services/covid-19-coronavirus and Charlotte County government's page at www.charlottecountyfl.gov/Pages/COVID-19-Information.aspx.

Boca Cares for Englewood

Boca Cares has stepped up to help the Englewood community during the COVID-19 outbreak. As the COVID-19 outbreak began to take hold here, Boca Cares, a charitable organization formed by Boca Royale residents, stepped up to meet needs within the Englewood area. Within the past 3 weeks, Boca Cares has authorized and distributed \$20,000 to four local charities. The Jubilee Center and Englewood Helping Hand, Inc. each received a \$5,000 grant to provide essential food items to the elderly, the homeless and

students who would normally receive subsidized breakfast and lunch at school. When it was learned that the Englewood area had been excluded from the school sites offering free food to students during the coronavirus closures, they contacted Englewood Sky Academy principal John Bailey and authorized a third emergency grant of \$5,000 to help Sky Academy create to-go meals for students and families. Most recently, John Catterson, President of Boca Cares, learned that one of the refrigeration units at Englewood Meals on Wheels needed replacement. The Boca Cares board approved a \$5,000 emergency grant to help them replace the unit so they could continue to provide meals for Englewood residents. Since its inception in late 2018, Boca Royale Cares has raised over \$60,000 to help the local community. You can learn more about this charitable organization at www.bocaroyalecares.com.

Virtual Movement Initiative

Charlotte County Parks and Recreation division is launching its Virtual Movement Initiative to help residents stay active while at home. Through this initiative, Parks and Recreation

will be releasing a new video on Facebook at **1:30pm Monday through Friday**. These videos will provide at-home workouts, yoga, kids crafts, water aerobics and more. Find the videos at facebook.com/charlotteFLparksrec on the Charlotte County Parks and Recreation Facebook page. For information, contact Erin Murphy at **681-3742** or Erin.Murphy@CharlotteCountyFL.gov.

CARING AND SHARING

Blood Donors Needed

You can help save lives by donating blood, for which there is always a high demand right here in this area. The **Suncoast Blood Bank** will be in Englewood on the following dates: Merchants Crossing Shopping Center, 1500 Placida Road, on **Mondays April 13, 20 and 27 from 10am to 3pm**. The bus will also be at Rotonda Golf & Country Club, 266 Rotonda Circle, **Wednesday, April 22, 9am to 1pm** and the Englewood Moose Lodge, 55 W. Dearborn, **Friday, April 24, 11am to 3pm**. For more information, call **954-1600**. If you are interested in hosting a blood drive for your employees or community, please call the above number.

COAD Offers Help

The Community Organizations Active in a Disaster (COAD) is a point of entry to assist Charlotte County residents with economic hardships due to COVID-19 and its effects on daily life. Funding will be available for rent/mortgage, transportation, utilities, childcare, food, and other needs once initial screening has been completed. Visit www.COADFL.org to fill out a pre-screen application today or call **2-1-1** (or **205-2161** for TTY, Englewood, and out of area cell phone callers) for information on available community resources.

If you have an upcoming event you would like to have considered for "Around the Town" please send info and/or photo to The Englewood REVIEW, 370 W Dearborn St, Suite B, Englewood, FL 34223 or englewoodreview@comcast.net.

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Look Who's Reading the REVIEW



The Englewood Review traveled to Kortogo, Fiji with Linda Powers of Englewood. Her group was fortunate enough to have been on the last flight out of Fiji two weeks ago. Glad you made it home, Linda!

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Staying Healthy During Isolation or Quarantine

BY DYAN BEYER, DYNAMIC WALKING FITNESS INSTRUCTOR

Fear and uncertainty cause stress. Anxiety can set off your flight-or-fight stress reaction which releases certain hormones such as adrenaline throughout your body and too much can be more harmful than helpful. This is nothing new and I am sure most of you, if not all of you, know and agree with this fact. Over time stress breaks down and weakens your immune system which opens up the possibilities of physical illness as well as mental, making your body more vulnerable to viral infections and other diseases.

Exercise done on a regular basis helps relieve some of that stress which, in fact, will keep you healthier. Not only will you sleep better and have more energy, you will also feel better. Exercise releases endorphins which makes you feel happy! Unfortunately, a lot of people don't have the energy or the knowledge of how to start an exercise program, or they give up too easily, or they just don't know how to get motivated in order to move their bodies.

Being around others who have the same feelings and other things in common make it easier to get up and out to go to an exercise class. I created an exercise class called Dynamic Walking Fitness three years ago, which have helped people overcome their fears and stumbling blocks about exercising. We meet Monday,

Wednesday and Friday at 10:30 am for an hour class at the Englewood Sports Complex on River Road. Not only is the class very social, everyone exercises at their own pace and the goal is to self-improve and work on your own weaknesses. Hundreds of people have found this class to be very effective in increasing their balance, cardio capacity, overall body strength, flexibility, and core strength and mental being. I have had many participants claim they sleep better, have lost weight, lowered blood pressure, reduced sugar levels to normal. They feel stronger, happier and more fit and last but not least, they have reduced their stress levels considerably. Many who take this class call it exercise and socialize! For all of our safety, Sarasota and Charlotte Counties have closed the facility temporarily due to the Corona virus.

So, where do we go from here? Do we give up? Do we go back to our old habits of sitting on the couch? Do we do nothing for a month while we wait until we open again? NO! We embrace the challenge and we continue on to keep ourselves healthy, strong and less stressed.

It may be harder to exercise at home and alone but NOT impossible. I will be making some You-Tube videos that can be viewed at home to keep you going. Some things you can all do in the meantime is take at least

15 to 20 minutes 3 times a week and do something to move your body. Some choices are taking a walk or a bike ride, or maybe a swim in your pool. If you are quarantined, you can walk around your home or march in place, using upper body moves like we do in class.

All of these exercises can be done with or without hand weights. All can be modified by shortening range of motion or not lifting overhead, only to shoulder height. Here are some simple basic exercises that will help you through the next few weeks.

- 1. Bicep curls:** 3 sets of 12 reps (with palms up, lift fists or weights up to shoulder height, return down with control)
- 2. Triceps kickbacks:** 3 sets 12-15 reps (lean forward back flat, buttocks out, lift arms up and push back from elbow joint.)
- 3. Shoulder raise:** 3 sets 12 reps (alternate arm up over head or shoulder height for modification.)
- 4. Quad lifts, alternating leg lift:** 4 sets 20 reps (bending at knee, modification shorten range of motion.)
- 5. Hamstring Curls alternating legs:** 4 sets 20 reps (Kick back bending knee under the hip, flexing heel up to buttocks)
- 6. Big Stride steps:** 3 sets of 20 reps (alternate legs and arms as you reach and stretch out your steps while walking)

7. Abs: 4-6 sets of crunches 15-20 reps (hands behind your head, push shoulders off the floor using your stomach muscles, not your neck, have a space between neck and chest, come back down slowly and with control. Crunches can also be done in chair by placing hands behind neck, fold in elbows against your head, try to touch elbow to knees while rounding out your back, come back up slowly.)

8. Lower abs plank: 2-4 sets of 10-20 seconds (Using exercise mat, roll to your stomach, rest on your forearms and elbows, extend legs out in back, down on toes and heels up. Modified, go to your knees.) Hold position 10-20 seconds before releasing. Modify sit in chair, lift legs out in front, flex heels down and hold position at least 10 seconds. Repeat for another set if you can and make your goal 2 to 4 sets.)

Make sure you stretch out before and after the workout. Try to hold each stretch for at least 20-30 seconds.

Other ways to stay healthy while in isolation are to eat right, drink lots of water, keep your body highly hydrated, get plenty of sleep and remember you will sleep better when exercising! Wash your hands thoroughly and often with soap and for at least 20 seconds before rinsing off.

Staying healthy also means staying connected and in touch

with others. Our mental health is just as important as our physical health. Find something to keep you busy and will inspire you. There are many hobbies that can be done without leaving your home, which can give you a feeling of purpose and that you can really enjoy and have fun. Some hobbies may include playing an instrument, sewing, coin collecting, bird watching, knitting, reading, painting, gardening, arts and crafts, listening to music, beekeeping, needle point, writing, building things, and yes, even organizing closets that you have been meaning to do!

If you can't see family or friends, because you are quarantined, email, text or call them. Video chat with your children and grandchildren and catch up on things that you were too busy to do before the virus. There are many video chat apps that you can download, two of them being Duo or Bubble. I use these apps a lot to read to my grandchildren in California and that was before life, as we knew it, changed!

All of these factors combined will help us all through this stressful time and will make us stronger, smarter, healthier and thankful that we have choices.

May we all be fit, be healthy, and be happy!

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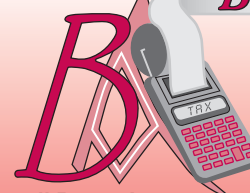
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Their livelihoods disappeared in an instant, but these local musicians have found ways to keep making music, stay in touch with their fans and support their community.

It's Five O'Clock Somewhere (online)

Jack Mosley was playing his guitar and performing "trop rock" originals to crowds three



Jack Mosley

to four nights a week at the Lighthouse, End Zone and Farlow's, and down to Punta Gorda, when he said, "I could see the ax falling." Florida closed the bars and clubs, then restaurants had to operate at 50% capacity and then everything shut down. His last paying gig was March 15.

A fixture at local happy hours, Mosley decided to create his own. Every weekday at five o'clock, Mosely picks up his guitar and goes live on Facebook from his backyard studio for Jack's Half-Hour Happy Hour. "I'm interacting with the camera, but I'd rather be interacting with the audience," he said.

With no expectations or requests, Mosley has been able to take more risks. He wrote "Flying Man" when he was 17, and says he can't remember the last time he performed it, until breaking it out on his Happy Hour.

Mosley isn't playing on Facebook for money. He decided not to set up a virtual tip jar, because he says that even though he's out of work, his wife Debra has managed their finances well. But he says, he is concerned about his annual summer tour which should kick off the first week in June. Last year he put 9,500 miles on his RV, performing in Colorado Springs, San Diego and Sterling, MO. "Now it's wait and see," he said.

Mosley is looking forward to playing again soon and hopes that his fans and everyone

listening to music online supports local musicians "who are not as fortunate as I am." Jack Mosley is on Facebook, where you can also check out his new single, "When the Aliens Came."

With Nowhere to Play, Local Musicians Find Ways to Connect

By Sharyn Lonsdale

performing," said Rose. "When you do this for a living 15-16 years, your crowds become like oxygen. I thought if I could do a couple of shows I could reconnect a little bit." So, he set up his phone and reached out on Facebook Live, telling stories and jokes and singing.

For his first concert, he played the piano, something he hasn't done for a crowd for years, because he says with a laugh, "I'm really just not that good." The next concert he was back on the guitar. The Facebook likes and loves keep going up but he's not counting views and shares. After the concert he reads and responds to the comments from the fans who miss him as much as he misses them. "It's like a whole day of social interaction, it really is overwhelming."

Tune into Kenny Rose's Facebook Live concerts Saturdays at 11 am and visit his website, kennyrose.com.

His Lanai is his Stage

With a perfect blue sky and puffy white clouds in the background, Kenny Rose picks up his guitar and, after a quick promo for his CDs, begins to sing on his lanai. Soon his Facebook feed fills up with "We miss you." "We love you." "Thank you." When he finishes a song, the only one clapping is a neighbor outside the lanai cage, who interrupted his bike ride to stop and listen.

After selling his family car dealership 15 years ago, Rose moved to Englewood with his wife Tammy and pursued his dream of becoming



Kenny Rose

a professional musician. His March calendar was jammed with six to seven gigs a week at the SandBar, Snook's Bayside, Ricaltini's, the End Zone and private clubs. On March 17, St. Patrick's Day, Rose played the Sandbar to the state-mandated 50% occupancy. "It was a beautiful day, and half-empty. It was weird," he recalled.

It was also weird not playing for an audience. "You just miss everybody and you miss

Rob Garcia had been taking it a bit easy after a busy national tour and was just getting back on the local circuit, when he said, "Everything went off the rails." With no gigs in his future, Garcia turned to Facebook.

When Common Grounds in North Port had to move their concerts from live to online, Garcia sang rock classics by Steve Miller and Elton John alone on the stage. But he also made sure to share the online concerts and events from his fellow musicians on his own Facebook page.

Now he's going one step further, planning an online telethon, Southwest Florida Bands Together. Garcia is hoping to attract a variety of musicians and bands to play on Facebook Live all day on April 15. He says his goal is "awareness" and to raise money for his colleagues through a virtual tip jar. He also

hopes the online audiences will see local acts they might never have seen and the bands will find new audiences who will come out and support them when this is all over.

Garcia is also writing a song called "The Forgotten Ones," for all the out-of-work restaurant employees who, just a month ago, he shared so much time with. He, Mosley and Rose all agree that these are the people we should be concerned about. Rose said that since his fans can't tip him, they should thank him by tipping a bit more the next time they get take-out.



Rob Garcia

Rob Garcia is on Facebook and visit his website, www.robartgarciasoloact.com.

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By Dean M. Laux

Notable NEIGHBORS

She faced tough odds and came out on top

“I had a good childhood,” says Nancy Weaver. Some would say it was idyllic: brought up in a pleasant neighborhood in Minneapolis. Dad a corporate exec with General Mills, Mom at home taking care of their four kids. A close family, three girls and a boy. Summers spent camping, swimming and bicycling. “I was a really good student,” she admits: among the top two or three percent in her high school class of 550, good enough in math to tutor some of her classmates. She was a girl scout, quiet and reserved. She had a part-time job with the Humane Society and thought she might become a veterinarian for her career. How much more idyllic could it get?

Her views matured after she entered the University of Denver in Colorado (known locally as DU). “I wanted to save the world,” she says. That was in the 1970s, when our country was embroiled in the unpopular Vietnam War and the world, then as now, needed saving. Her dad had encouraged in her a love of football, and she became a life-long fan of the Denver Broncos. She also took up flag football on the DU women’s team, The Party Sisters. Her position? Defensive end. “I loved to sack the quarterbacks,” she confesses, revealing a certain spunk that might not have shown up in high school. It

showed up again in her working career.

At DU she majored in psychology and sociology, and though she still wanted to save the world, she was realistic enough to know that wouldn’t happen. As she puts it, “For a few years I worked in a stream of poorly paid, thankless jobs, and to quote an old Bonnie Raitt song, I crossed the line for the dollar sign.” She took some classes at business school to learn computer skills and was able, in 1984, to land a job with Martin Marietta, a large aerospace company with operations around the country. The corporation “didn’t necessarily match my values or passions,” she says. “I was a liberal, socially conscious peacenik joining a conservative defense company.” She started in the clerical pool, but with her smarts and willingness to work hard, she was given a position in engineering, where advancement would be much more likely.

But she had two strikes against her: She was a woman in a man’s industry, and she was a “soft science” major in a company where engineers and techs reigned supreme. The culture she was entering was competitive and fast-paced, with no holds barred. “Kindness wasn’t a company



Nancy Weaver.

value at the time,” she remembers.

She took her share of bruises. Her first boss berated her loudly in their in-office meetings, once bringing her to the point of tears. She survived the tongue-lashing, and she took her dad’s advice to “work harder, work better.” She had thought about leaving the company, but didn’t. She came to understand that most men she dealt with didn’t know what to do with her, so they treated her like a wife or daughter or secretary. “On one occasion I was at the secretary’s desk to write her

a note, and an engineer mistook me for the secretary. In those early days, things like that happened more than once.”

And as she moved up the ranks, she didn’t escape the twin evils of sexism and bias against those who were not engineers. In one instance she was the leadoff presenter at an important design review that would involve a large audience of systems engineers and executives over a period of several days. “I nailed it,” she says. She flawlessly took the audience through the system’s achievements and capabilities within the stringent requirements of the program. She sat down to a round of applause and took a front seat, her talk having set the stage for the remainder of the conference. The next morning, as the attendees and presenters gathered before the second day’s meeting, a senior advisor to the company approached her. She thought he might have a question or comment on her part of the presentation. He leaned in and said conspiratorially, “I’ve been wanting to tell you ... you have *really, really* nice legs!”

She might have wanted to sack him like an unsuspecting quarterback, but she was able to brush off that affront to her dignity and to persist in working ever harder. “I had to be better and work harder to achieve what a man in my position earned. I didn’t have an engineering degree, but I was always analytical,” she says, “I could bring order out of chaos, and I was good at managing other people, which wasn’t a skill that many engineers seemed to have.”

Nancy is quick to point out that not every man was unenlightened. “I worked easily with many men. Many of my bosses were men, and most supported my success,” she says. Indeed they did. She became a systems engineer, then a senior systems engineer, then a senior manager at what was then Lockheed-Martin. “As the only female on a small, young, hand-picked leadership team, I helped to design, build, integrate, test, and ultimately produce a rocket on the Atlas 5 program that still launch-

es satellites and spacecraft today. This was where I honed my skills as a systems engineer, an innovator, a leader, a mentor. This was how I built my self-confidence. I used my people skills to help the people I worked with.” She beat the odds because she never gave up.

Nancy Weaver worked for five years of her 33-year career with Lockheed-Martin on NASA’s human space flight program that followed the Apollo and space shuttle programs. “I was always working above my work grade, and finally my grade and compensation caught up with me,” she says. She traveled for work to the Marshall Space Flight Center in Huntsville, attended the Atlas 5 launch at Cape Canaveral, and worked with astronauts. At home she supported her family (son Gus and daughter Bonnie) and cared for her husband Bill, who had serious health problems, all the while taking on new assignments at her company. “I came to realize that my frenzied work life wasn’t about the job, it was about me. I was relentless,” she admits.

Nancy and Bill moved to Southwest Florida in 2016. They wanted a place on the water, and they wanted a small boat. They got both in 2017, but Bill was lost to his illness that year. That’s also the year Nancy retired. She has come to terms with herself. “I am happy that I can enjoy the rest of my life and have the ability and resources to craft a future full of the things I couldn’t or wouldn’t do when I was working,” she says. That includes working on a historical novel, biking, yoga, taking walks, doing volunteer work as Treasurer for her church and being with “a wacky group of friends in my writing group.”

Sounds almost, well, idyllic.

Dean Laux is exploring interesting folks living in our community. If you know of anyone with an interesting background please send an email to: tomnewton@englewoodreview.com. Include the person’s name, contact info and give a brief description of the person’s background.

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SHORE & KAYAK FISHING

BY KIMBALL & LES BEERY



Try Social Distancing in a Kayak

As the days turn into weeks and possibly months, and we have cleaned, polished, trimmed and generally caught up on every project on our list, it is time to get outside and into some sunshine and fresh air. What better way to stay safe and enjoy our southwest Florida fishing than in a kayak. With all beaches, most parks and other venues for recreation shut down, it's nice to know we can still slip away for a few hours of solitude and fun if we know where to launch.

As mentioned, all area beaches and all Florida State Parks are closed. This makes a lot of very popular kayak launches off limits. In Lee County, all parks and boat ramps are closed as are all parks in North Port. So far, all parks are open in Sarasota County and Charlotte County. So, here are

and excellent oyster bars and flats to fish in Lemon Bay. It's also fun to fish up the creek on higher tides.

Snook Haven boat ramp- The restaurant is closed but turn left before the restaurant parking and launch on the Myakka River. Upstream is fresher water and downstream is saltier. Find more bass upstream and snook the other way.

Hathaway Park at Shell Creek on Washington Loop-use the boat ramp because the kayak launch is still roped off, in disrepair and dangerous. We catch bass,



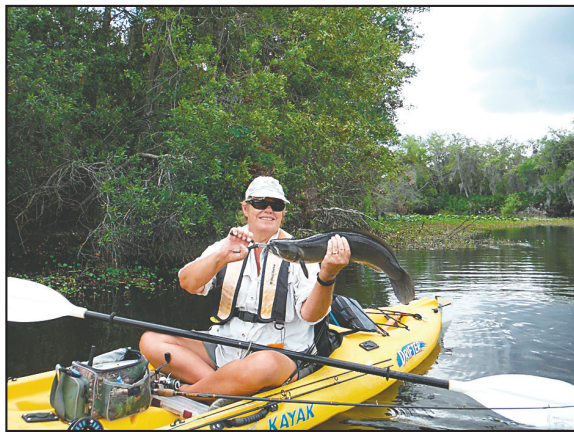
Les thinks this bass he caught at the end of March may be his biggest ever. "She was heavy and full of roe. I released her so she could make more babies."

bluegill, speckled perch and channel cats in this area of Shell Creek.

Ponce De Leon Park at the west end of Marion Ave. The boat ramp here is open and may be busy. Try to get your

Freshwater spots haven't seen significant rain for a month so the water is warm and oxygen depleted. Bass have been hitting lightly weighted plastic worms along the shoreline. Most strikes happen as the worm sinks. If it gets to the bottom, move it slowly and keep looking for bass beds to drag the worm across. The smaller males will attack first but cast again to get the big girls. This is the time when frogs get active and a Zoom Horny Toad on a 5/0 wide gap hook is a good bet. Work it slowly across the top of floating weeds for explosive strikes.

So get out and practice some social distancing in your kayak, it's easy; it's good for what ails you and will keep you healthy during a stressful time. It's even more fun if you happen to catch a fish.



Kim with a recent catch.

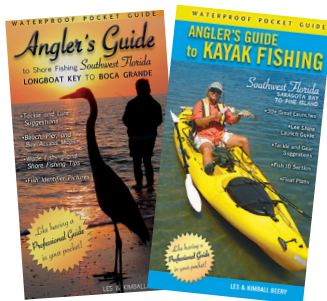
some launches we have found to still be open as of April 2, 2020. We do advise calling the local county folks first as this information is evolving daily.

Lemon Bay Park- This is a favorite that's a good launch on a higher tide. Sliding your kayak is easy down the stairs but pulling it back up is aerobic. Paddle north from here or cross the ICW for shelter from the sea breeze in the afternoon.

Oyster Creek is our home launch. It's just south of Lemon Bay High School. Great launch with back down to the water ease

kayak rigged and ready before you tie up the ramp area. A west wind makes this launch difficult but if you head east up the canal, you'll find some protected water to explore and fish.

Babcock Webb WMA has good bass fishing and the launches remain open. Camping and the shooting range are closed due to the Covid issue. The last time we fished here the water was high and the bass were way back in the cattails. Now, with lower and warmer water, the bass should be on the edge of the cattails and near any drop-offs you can find.



Kimball and Les Beery, authors of Angler's Guide to SHORE and KAYAK Fishing Southwest Florida, contribute these excerpts from both WATERPROOF books to promote the excellent fishing available in the Englewood area. They are available locally at Old Florida Gallery on West Dearborn, and for download at www.anglerpocketguides.com & www.amazon.com.

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The Real Englewood Area Dish

HELPING OUT ON THE HOLIDAYS

BY SHARYN LONSDALE

The holidays will be especially difficult for those who have lost their jobs and can't afford a special dinner. The COVID-19 crisis has made resources from churches to food pantries less accessible and more in demand than usual. It has also resulted in acts of kindness and creativity that will continue to bring our community, country and world, together.

Glen and Stacey Wilson, owners of the Mini City food truck understand more than most about how hard the COVID-19 crisis has hit the community and they are determined to help. The couple were already offering free meals to children and to first responders and healthcare workers, when they decided to provide free Easter meals to the community.

Stacey Wilson said that unlike many other food and hospitality businesses, Mini City, a traveling food truck specializing in ribs and comfort food, is "doing great," and that the couple is "blessed" to be able to help. She said that their mission to help others came to

her husband in a dream, and they are happy to be able to expand on that dream by feeding "front-line workers" and as many people as they can for Easter. The Mini City food truck will be parked at the empty lot on West Dearborn and South McCall from noon to 2 pm, Saturday, April 11, offering free Easter dinner of ham, sides and dessert to anyone who needs one. First come, first served, no advance orders. For more information, visit Mini City on Facebook.

Every year the Chabad of Venice and North Port, which also serves Englewood, packs up hundreds of boxes of shmurah matzah and delivers them free to about 400 members. The matzah is not available in stores and is an important part of the Passover (April 8-16) seder meal. It's a major undertaking that normally involves about 60 volunteers. This year Rabbi Sholom Schmerling took on the task with just a handful of staff and volunteers, who packed up the boxes alone at the Chabad Center in Venice. Instead of hand-delivering most of the

orders, more than 300 were sent by mail.

Schmerling also had to cancel the annual community seder, which drew 140 people last year. Chabad also delivered meals to those who could not attend the Seder. This year, he turned to "seder in a box," for delivery or pick-up. "A lot of the items are hard to get locally," said Schmerling, who ordered 100 of the boxes, which sold out within two weeks. Chabad also donated boxes to those who could not afford them and offered prepared Kosher meals at no charge to the homebound and needy. For more information, visit chabadofvenice.com.

If you are in need during the holidays or after, please contact your place of worship, social service organizations, or county government for more information on available services.



Seder in a box.

QUICK TIPS ON CELEBRATING HOLIDAYS IN OUR "NEW WORLD"

For most of us who look forward to celebrating Passover and Easter, this year looks to be disappointing and even, well, depressing. We can't join our friends, family and congregation for fellowship and meals. We can't go out for dinner, and even

shopping for the holiday meal could prove frustrating. Here are a few tips on celebrating holidays that are so focused on food.

Try not to have your heart set on a specific or traditional dish. Right now you might not be able to find the perfect Easter ham or Passover brisket and it

doesn't make sense to prepare grandma's casserole for just two people.

Take the lead from the grocery store. Be inspired by what you see on the shelves. This might be the year you prepare a marinated pork tenderloin for Easter or the perfect Roast Chicken for Passover.

A small dinner means less stress and less expense. You've probably been cooking a lot more than you normally do already. It might not be the best time to attempt a fancy and complicated new dish.

You can still share your holiday, and really any meal with family. Google, Facebook, Skype and Zoom are all ways to gather together virtually. Just don't wait until the dinner bell to go online. Test your audio, lighting, and picture earlier in the day. (Certain denominations

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of Judaism do not allow the use of electricity on Passover and other Jewish holidays.)

Not into computer connections? Rabbi Schmerling suggests placing photos of your loved ones around the holiday table. You can also use serving dishes and decorations that bring back memories of family meals. Prepare dishes that remind you of family members and share stories about past holidays.

Leave the cooking to someone else. It

might not seem like it, but this is a holiday. If you're on the fence about preparing a meal, why not provide much-needed business to a local restaurant. Visit Englewoodtakeout.com or the Facebook page of your favorite restaurant to see what they're offering on Easter or for any special event.

Remember to continue to follow the recommendations of the Centers of Disease Control and Prevention (cdc.gov) to stay

healthy and safe, or as Rabbi Schmerling says, "Remember to wash your hands, and in whose hands you are."



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Arts & Entertainment

National Water Dance

Participants across the nation will join together wherever they are for a simultaneous dance on **Saturday, April 18 at 4pm.** Sarasota Contemporary Dance invites you to participate in the 2020 National Water Dance, a collective body of dancers and movers physically engaged in drawing attention to and action on water issues. The 2020 focus is on the climate crisis. Participants will livestream their dance on social media from wherever they are and SCD will share all the videos from participants. For more information, visit www.nwdprojects.org/smparticipation.

John Williams Tribute Cancelled

The Venice Symphony has canceled "The Movie Maestro: A Tribute to John Williams" scheduled for **April 24-25** at the Venice Performing Arts Center. For more information, visit thevenicesymphony.org.

Feel Like Dancing?

Sarasota Contemporary Dance has launched virtual studio

classes in their private Facebook group. They will livestream five classes a week, including bonus classes, that you can join live or save for later. So, join in on the fun while dancing in your own home. To join, purchase Livestreaming classes for two weeks (2 weeks cost \$30) at www.sarasotacontemporarydance.org/studioclasses. Then click their group page SCD Virtual Studio Classes and click "request to join." For more information, email info@sarasotacontemporarydance.org or call **260-8485**.

Lemon Bay Playhouse Season Tickets

Lemon Bay Playhouse, 96 W. Dearborn Street, has announced their 2020-21 season lineup and you can download the schedule at lemonbayplayhouse.com. Season Ticket and Flex Subscription Passes may be ordered online on the website as well.

Art Exhibits Online

Art Center Sarasota is posting virtual videos of its current exhibits on their website at www.artsarasota.org/currentexhibitions.

Right now you can view "Javo," a solo show by Sarasota artist and illustrator Javier Rodriguez; "The Razor's Edge," a solo exhibit of whimsical cut-paper artworks by Sarasota-based artist Philomena Marano; "The Stories Within" showcases work by Cuban artists Miguel Saludes & Alvaro Labañino and "Uncharted," an exhibition of works in all media juried by Tom Stephens. Since their "Off the Wall" postcard exhibition/sales event was cancelled due to the COVID-19 pandemic, the 197 postcards are displayed online and you can purchase those 5" x 7" postcard artworks for \$50. Visit artsarasota.org/off-the-wall-postcards.

Remainder of Sarasota Orchestra season cancelled

Sarasota Orchestra will cancel the remainder of their season, including their Discoveries and Outdoor Pops concerts in May, and the Sarasota Music Festival in June. Info: www.sarasotaorchestra.org.



Key Chorale has launched their new Come Together Choir Online Choral Rehearsals. This outreach isn't just for local singers, but can be experienced by anyone, anywhere in the country via Key Chorale's YouTube channel. New rehearsals will premiere each **Thursday at 2pm** and then be available afterwards on the YouTube channel to watch over and over again. If you are a singer, you know how important it is for singers to come together, to connect, to communicate and to make music. "Key Chorale is a fully auditioned chorus of 120 singers. In addition to unique concerts, Key Chorale has a passion for education and community outreach. They have Off-Key Chorale for those living with Parkinson's and their care partners, and the new Where Are My Keys? Chorale, for those living with memory loss and their care partners. Due to the outbreak, all rehearsals and concerts have been suspended, "and the music has stopped," says Artistic Director Joseph Caulkins. Interested in joining? To register go to www.keychorale.org/event/come-together-choir-online-choral-rehearsals. You will be emailed copies of either lyrics or music, your preference. Print the music or word sheets and get ready to sing your hearts out while practicing social distancing from the convenience of your computer, tablet, phone or any device with internet access. Once an episode has premiered, it will be on Key Chorale YouTube channel for viewing again or catching up if you've missed earlier episodes. For further information, email ellen.vandolah@keychorale.org or call **921-4845**.



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June 8-19 Tringali's Got Talent (Theater & Drama)	July 6-10 Culinary Creations	July 27-Aug. 7 Tringali Park Summer Olympics (Sports)

Our specialty camp program offers weekly field trips in addition to weekly visits to the Ann and Chuck Dever Regional Park Pool. **All field trips are included in the cost of the registration**, unless noted otherwise. All children travel by Charlotte County School Bus. Campers will need to bring lunch, as well as two additional snacks and drinks daily. Camp is open Mon. - Fri. from 7:15a.m. to 6:00p.m., with the exception of Friday, July 3 (closed). All staff undergo background screenings and job-specific training.

For more information, call 941.681.3742. Register in person at Tringali Park or online at www.CharlotteCountyFL.gov.

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Club Chatter



When the Englewood Democratic Club (EDC) heard about nursing homes, hospices and hospitals asking for any kind of protective gear - even cloth masks - they decided to do whatever they could to help. As well as providing financial support to the hard-working volunteers who are doing the actual work, the Englewood Democratic Club has recruited members of their club as well as other Democrats in the area for their help. So far there are eight individuals making masks and another ten offering to help in other ways including washing, ironing, deliveries, research into needy organizations and care providers needing masks. To support these volunteers, the Club is purchasing materials including 100% cotton fabric along with bias tape and grosgrain ribbon for straps (due to the shortage of elastic). The mask-makers prepare the "kits" with all the necessary materials and place them out on a volunteer's patio for safe pick-up by another volunteer who will assemble them. The first completed batch of masks has been delivered to the Englewood Fire Department. EDC needs more volunteers and more donations (money and materials). You can help by contacting Nancy Shoemaker (shown here at her sewing machine,) who started and is leading this effort, at njshoemaker@comcast.net. Stay safe and remember - "We are in this TOGETHER and TOGETHER we will win!"

The Englewood Toastmasters International Club (TM) conducted a meeting via Zoom.us on Thursday March 26 during their regular meeting hour at 6:30pm. The Club usually meets every second and fourth Thursday of each month at the Englewood Chamber of Commerce building, 601 S. Indiana Avenue. However, with the COVID-19 restrictions regarding assembling and keeping six feet of separation between each person, the meeting was held via Zoom.us. This was a brand-new approach to holding a meeting. Joyce Ryan delivered a speech titled "Joys of Business Travel" and Amy Hibberd related her experience with the on-line Storytelling group that she attends regularly. Until meetings can be held again, the Englewood TM Club decided to continue holding their virtual meetings on Zoom.us. The mission of the Englewood TM Club is to provide a mutually supportive and positive learning experience in which every member has the opportunity to develop communication and leadership skills, which in turn fosters self-confidence and personal growth. For more information call 697-1352 or mgleadbetter@embarqmail.com. Main photo, Joyce Ryan delivering her speech via the internet.



The members of the Englewood Democratic Club focus their charity efforts on helping seniors and neighbors in whatever way they can, encouraging others to stay involved in making a better community. In response to the many needs arising from the spread of the coronavirus, a gift was made by the Englewood Democratic Club members to Englewood Meals on Wheels (MOW) because they do such a wonderful service to the community. Englewood MOW serves over 160 clients in the community each day; many of them are among the most vulnerable citizens. David Jones, representing the Englewood Democratic Club, presented Tom Kizis, the Director of Englewood MOW, with a check for \$1,000 to be used to help in any way needed, which was greatly appreciated by Englewood Meals on Wheels. David and Patti Jones also contributed a personal donation of \$240 to Englewood MOW. If you would like to donate or volunteer at Meals on Wheels, please call 474-4445 for more information. Photo: David Jones (left,) presents Tom Kizis (right) with the checks.

Our Local Businesses and COVID-19: The Time To Help Is Now.

Ways you can support local businesses during the coronavirus pandemic...



- 1** Take advantage of restaurants that offer carryout and delivery options. For a list furnished by the Englewood Chamber of Commerce, visit Englewoodchamber.com/takeout.
- 2** Buy gift cards from your favorite restaurant or shop for yourself and others.
- 3** Visit websites of local businesses. Utilize their online store when available.
- 4** Leave great reviews online for services you've used, or refer them to others.
- 5** Continue paying your house cleaner, dog walker, or anyone who depends on regular income from clients like you.
- 6** Tip extra generously, if you can, especially to delivery people who are risking a lot to get your goods to you.
- 7** Be patient and courteous. Remember to thank those who are working hard.
- 8** Consider a donation to a local business that needs it.

Small businesses are the lifeblood of Englewood. They support our community in so many ways. Now is the time to support those who have supported us all along.

HOME & GARDEN

indoor outdoor



HOW TO START A GARDEN

By Jocelyn Hoch & Forrest Shafer
Ebb & Flow Farm

In this article, we will teach you how to begin a basic garden. Even though we have a multitude of great weather and sunshine, there are so many other factors that make Florida a challenging growing climate. We will get into these, but first we will start with how to start a simple garden for the beginner.

First, select a suitable location by on your property. Southeast to South facing is best. Your plot will need 5-8 hours of full sun to be successful, and will benefit from late day shade. To prepare an instant garden, get ready for a little work. Start small if you're intimidated. You will need to remove all weeds and grasses and all living roots as much as possible in your plot. We highly recommend a good fence that goes underground to keep out any rabbits, raccoons, armadillos, etc. Galvanized hardware cloth is your best option around the bottom and then a higher fence attached to posts that comes up at least 3 feet high.

After establishing your plot and removing all of the weeds, you will need real soil, lots of it. Dump compost or garden soil over existing soil, 6-12 inches deep or as much as you can afford. You can also put down cardboard around the outside of the border to suppress the future weeds, then cover that with heavy mulch for future expansion of the plot. You will need a big bag of peat moss, at least 5-10 bags of garden compost and 50% manure depending on how big the garden is. It is best to have beds that are at least 6-8" high. If you have access to raw manure, even better to mix in. What you want is a good base, and then the manure



to bring in the micro-organisms where the life really happens.

Next, you will need a good fertilizer to feed your plants. We love Fertrell products sold at MRT. Super plus is the best formula they carry. It has all the nutrients needed for healthy plant growth except phosphorous, which can be applied with bonemeal. When you grow a healthy plant, it can ward off diseases and pests more easily than if it was fed synthetic fertilizers, which cause weakness and are more susceptible to disease and pests, hmmm very much like us.

After acquiring all of these goodies, it's time to get down to the dirty work and fun. Dump all your bags out into your plot, try to spread around the peat moss

evenly. Make life easier for yourself and buy the most wonderful garden tool you could ever have...a POTATO FORK. It has 4 long tines to get under roots and lifts them out of the ground easily. Mix everything around, add in the fertilizer 1.5 lbs. per 100 sq. feet of garden space. You are almost ready for planting. Time to establish rows for planting and rows to walk in. A basic 2' wide row 6-8 feet long is what we have with a small 1 foot walking space in between. Mulch the pathways so weeds won't grow. Carve out all the pathways and rake the soil into 2' wide garden beds, 6-8' long. Mound your soil up at least 8", this so plants have plenty of ground to grow in. When you are ready to plant make little volcanoes to plant in. This allows the water to seep into your plant without running off the bed...very important. Also in every hole put a pinch of bone meal. This will strengthen your plant even more. If you are starting with seeds, make little furrows and follow the planting guide on the package of seeds for planting depth.

Last, you will need to consider what grows this time of year. We are quickly approaching the summer months so right now it may be getting too hot for most traditional vegetables. There are plenty of edibles that will survive the summer heat. Included are sweet potatoes, black eye peas, cow peas, pigeon peas, chayote, peanuts, Arugula (in part shade), seminole pumpkin, longevity spinach, cuban oregano, chaya and cassava. Check out our farm page on Facebook for more vegetables to start and when. Think in

terms of this being a garden that will be the most abundant in the fall when the real garden season begins and you can enjoy 2 summer plantings starting in October-December, a winter crop in the middle of winter December- February, and another



summer planting from February until late April if it doesn't get too hot.

Master list of what you will need : Potato fork (for digging up roots or large fork can work too), regular hard metal rake, soft leaf rake for making a perfect bed, fence material, hardware cloth, and posts, large bag of peat moss, compost/garden soil, manure, Fertrell-Super K fertilizer, and a separate bag of bone meal. Happy gardening!

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Fill in bare patches of lawn now by mixing a few shovelfuls of soil with grass seed. Then apply this patch to the bare areas, water, and continue to care for the area until the spot fills in.

APRIL

South Florida Gardening Calendar



Fruits: Propagate fruit crops by air layering and grafting.
Perennials and bulbs: Divide clumps of bulbs, ornamental grasses, or herbaceous perennials to expand or rejuvenate garden beds or to pass along to friends.
Shrubs: Choose from a wide variety of shrubs to add to the landscape now.



* Information courtesy of the University of Florida IFAS Extension: www.edis.ifas.ufl.edu/ep452



WHAT TO PLANT

Annuals/Bedding Plants: Plant heat-tolerant annuals, such as coleus, vinca, and portulaca.

Bulbs: Cannas thrive in the heat of summer. New varieties have colorful leaves as well as flowers.

Herbs: Some to start now include basil, coriander, cumin, and mint.

Vegetables: Beans, Chinese cabbage, Southern peas, and sweet potatoes can still be planted. Mulch beds well and monitor irrigation if the weather is dry.

WHAT TO DO

Pests: Monitor insect activity and learn which bugs damage plants and which do not.

Beneficials: Identify and conserve beneficial insects. Some insects should be encouraged in your yard!

Tomatoes: Watch for pests, disease, and nutritional disorders on developing tomato plants.

Palms: Identify and treat environmental and nutritional disorders in palm trees.

Oleanders: Inspect chewed or ragged leaves for oleander caterpillars at work.



UF RESOURCES FOR GARDENERS

- UF/IFAS Publications (EDIS) <http://edis.ifas.ufl.edu/>
- Florida-Friendly Landscaping <http://fyn.ifas.ufl.edu/>
- Solutions For Your Life <http://solutionsforyourlife.com>
- Gardening in a Minute Radio Program <http://gardeninginaminute.com>
- Florida Master Gardener Program <http://gardeningolutions.ifas.ufl.edu/mastergardener/>
- Living Green <http://livinggreen.ifas.ufl.edu/>



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Keeping UP with KIDS

Girl Scouts of Gulfcoast Florida continues to provide Girl Scout programming—with a virtual twist. The local council is offering “Girl Scouts from Home,” a new online collection of self-guided, free activities to keep girls and their families engaged and connected to their communities and the larger sisterhood of girls. Girl Scout members and the public at large can enjoy a variety of activities that cover STEM, Entrepreneurship, Life Skills and the Outdoors. The age-specific activities for girls of all grade levels are delivered through guided videos, text-based instructions, downloadable information and live virtual events, making it seamless for families to incorporate into their daily lives. A virtual service project has also been launched. “Across the Generations” encourages Girl Scouts to write a letter, make a card or draw a picture and mail it to a nursing home, assisted living facility or hospital. To explore available program options, visit www.gsgcf.org and click on “Girl Scouts from Home.” To learn more about volunteering and membership, visit the website or call **800•232•4475**.



Homework Help

The Charlotte County Libraries and History offer homework help via telephone from all of their library branches. Services included in the Homework Help are selecting books at an appropriate grade level on a certain subject and have them ready for curbside pickup, assist with citing sources, with using Skype and Microsoft products, with selecting, downloading and attaching pictures and other documents, assist by proofreading essays and assisting teachers to locate resources and supporting materials for their lesson plans. However, Homework Help will not complete a specific problem or answer specific questions, instead directing the student toward a resource to help them find the answers themselves. The phone number for the Englewood Charlotte Library, 3450 N. Access Road, is **681•3736**.

Drive-Thru Kids Dinner

The Boys & Girls Clubs of Charlotte County is offering a free drive-thru dinner for kids, ages 18 & under. You do not need to be a member

of the Boys & Girls Club.

The dinners are available on **Tuesdays, Wednesdays and Thursdays from 4:30 to 6pm** (while supplies last.) Kids must be in the vehicle. The Tuesday menu is spaghetti & meatballs, green beans, pears & roll. The Wednesday menu is chicken nuggets, peas, pineapple & mac n cheese. On Thursdays, the menu is hot dog, baked beans, applesauce & chips. Pickup location in Englewood is the Englewood Boys & Girls Club, 1100 S. McCall Road (Gulf Cove UMC church property,) Pt. Charlotte. For more information, call **235•2472**.

Free Food for Students

Sky Academy Englewood, 871 S. River Road, will be a food distribution site until school resumes. There will be free lunches for all students ages 5 to 18 regardless of which school they attend. Hours are **11am to 1pm**. Students must be present in order to collect the meal. In order to know how meals are needed to be prepared, parents/guardians must complete a confidential form that can be found on the SKY Academy website –

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www.skyatthey.com - and Facebook page. Adults who accompany the students will receive a lunch provided by Mango Bistro. Students over 18 that are home from school may bring proof of their need to Sky Academy during these hours to receive a voucher for a lunch at Mango Bistro.

Charlotte County students, ages 5 to 18, can get a free breakfast and lunch through the Charlotte County Schools' Champ's on Wheels program. The Champ's Café will be providing curbside service **10am to 1pm weekdays** at Myakka River Elementary School, 12650 Willmington Blvd, and L.A. Ainger Middle School, 245 Cougar Way. The child must be present to receive the meal. For questions, call Champ's Café office at **575-5400, ext. 109**.

The School Backpack Ministry which provides weekend bags of food for Englewood Elementary School students has those bags available for pickup at the Jubilee Center at St. David's Episcopal Church, 401 S. Broadway. Families and individuals who are in need of food can request one when they stop by for food. The Jubilee Center is open **Monday**

through **Wednesday, 10am to noon**. To help mitigate the spread of COVID-19, the Jubilee Center is offering curbside pick-up. For questions, call **681-3550**. **Englewood Helping Hand**, 700

E. Dearborn Street, is also offering free food for families with children. Pantry is open **Wednesday and Thursday, 9:30am to 2:30pm**, for families and individuals needing food assistance. A growing list of restaurants are offering free meals to children while they are out of school.

Isabella's Bistro, 6880 Placida Road, is offering food to children in need. For more information, call **698-8880**. **Mango Bistro** is providing a meal for college students who are home and in need of meal. They must present themselves at Sky Academy between **11am and 1pm weekdays** to receive a voucher for a meal at Mango Bistro, 301 W. Dearborn Street. As of press time, **Mini City Food Stand** was stepping up to provide a free meal for children while they are out of school. Children will receive a free meal from a limited menu along with bottled water. They will continue to offer a regular menu for the public as well, featuring their Sliders. Mini City

will be moving around to various Englewood sites so visit their Facebook page at facebook.com/MiniCitySliders for upcoming locations. Due to the stay-at-home order, Mini City would like you to text your order to them at **733-0289** and pick up your order when it is ready. Mini City

Kids' Fun Hotline Charlotte County Parks and Recreation is offering a Home Fun Hotline! The Home Fun Hotline will allow parents to call and speak to someone at one of the county's recreation centers and get a list of activities parents can do with their children. The activities will range from games that can be played at home or ways to use open spaces here in Charlotte County. Recreation staff will be available from 9am to 5pm, Monday- Friday. The number parents should call **743-1510**. For information, contact Erin Murphy at **681-3742** or Erin.Murphy@CharlotteCountyFL.gov.



The Bishop Museum of Science and Nature of Bradenton is doing its part to banish Stay-at-Home Boredom! Although they are temporarily closed, you can connect with Bishop from home on Facebook to explore tropics like fossils, gardening, astronomy, seashells, and of course - manatees. On **Saturdays at 3pm**, they host a virtual story time for kids. To connect, join their Facebook page: [facebook.com/BishopScienceFl](https://www.facebook.com/BishopScienceFl). They also have a free app for smartphones & tablets, Pathways, that allows you to take virtual tours of the museum. Website: www.BishopScience.org.

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Facebook Ads Webinar

The Englewood Chamber of Commerce Lunch and Learn has gone virtual in order to follow the CDC restrictions on the size of gatherings and social distance. In order to help area businesses learn business techniques to help them through these challenging times and beyond, the Lunch and Learn events are now virtual. *Creating Effective Facebook Ads* is the subject of a webinar on **Thursday, April 23, 11:30am to 1pm**. Barbara Langdon of Market Momentum will review some Facebook marketing fundamentals, analyze the key elements of a Facebook ad and discuss Facebook targeting capabilities. You can watch on your PC, MAC or phone. The workshop is available at no charge thanks to the workshop sponsor Arnold Insurance. Registration info is available at Englewoodchamber.com under Chamber Events on the home page.

New Dollar General Open

Dollar General announces its store at 11500 Oceanspray Blvd. is now open. Normal hours of operation are **8am to 10pm** (closing at **9pm** during COVID-19 pandemic.) Dollar General stores are proud to provide area residents with a convenient store to purchase household essentials including

food, cleaning supplies, paper products, over-the-counter medicines, hygiene products, baby items and more through

its mission of Serving Others. Dollar General is committed to remaining open and in-stock to provide customers

and communities with an affordable and convenient retail option during these unprecedented times. A grand

opening community celebration is expected to be announced at a later date. The store is expected to employ approximately six to ten people, depending on the need. Dollar General is proud to provide all medical personnel, first responders and activated National Guardsmen with a 10 percent discount on qualifying purchases. Individuals can present their employment badge or ID at more than 16,300 stores to receive the discount.

Goodwill Manasota Closed

All Goodwill Manasota stores are temporarily closed until further notice. They will continue to accept donations of gently used items while observing social distancing, every day between the hours of **9am and 5pm** at select locations.

Home Check Earns Accreditation

On Deck Home Check has earned accreditation from the National Home Watch Association. The NHWA was formed in 2009 in order to establish and maintain the highest industry standards for Home Watch and absentee homeowner services throughout the United States and Canada www.nationalhome-watchassociation.org. Home Watch is a visual inspection of a home or property, looking for obvious issues, which means



Alison Henderson



Gretchen Holla



Michelle Ravagni

Englewood Bank & Trust President Kevin Hagan announced that Retail Banking Officers Alison Henderson, Gretchen Holla and Michelle Ravagni will be managing operations at the bank's offices in Gulf Cove, Boca Grande and Englewood, respectively. Henderson joined the Englewood Bank & Trust team in 2007 as a part-time teller at the main office after she had moved to Florida from Michigan, where she worked for the State Treasury Department. Not long after she joined the bank, she accepted a full-time teller position at the Gulf Cove office. Four years later, she was promoted to Senior Teller at Boca Grande, where she successfully ran the teller line and became involved

in the Boca Grande community. In 2012, she was promoted to Retail Banking Officer of the Boca Grande office. Now at the Gulf Cove office, 12651 McCall Road, Henderson may be contacted at 697•5011 or aahenderson@ebtfl.com. Holla, the new Retail Banking Officer at Boca Grande, joined the bank in 2019 as a Branch Operations Manager fill-in. She has an extensive banking career, having spent 27 years at a large bank in North Carolina. After transferring to Florida with another huge banking operation, she decided to make the switch to community banking. She filled in as Senior Teller at Boca Grande while training for her current position. The Boca Grande office is located

at 301 Park Avenue on the island. Holla may be reached at 964•9096 or gholla@ebtfl.com. Ravagni, who is an Assistant Vice President as well as the main office Retail Banking Officer, joined Englewood Bank & Trust in 2006 after relocating to Florida from Massachusetts, where she spent 20 years in community banking. She initially made up part of the bank's "float team," filling in as needed as a teller or customer service representative. She subsequently became a Senior Teller, and she was named Gulf Cove office Branch Manager in 1997. She is now at the bank's main office, 1111 S. McCall Road, and may be reached at 475•6771 or mravagni@ebtfl.com.

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of Avenue of Americas has moved to
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(Across from San Casa Park)
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that it is a service that “keeps an eye on things” at your vacation or primary home while you are not in residence. On Deck Home Check is owned by Erik Holm of Englewood and Austin Buza of Venice. They take pride in caring for their clients’ homes, just as they would their own. On Deck Home Check serves Casey Key, Osprey, Nokomis, Venice, North Port, Manasota Key, Englewood, and Boca Grande. You can reach them at **882•0419** or at info@ondeckhomecheck.com. Learn more at their website www.ondeckhomecheck.com.

The Leadership Class of 2020 is selling raffle tickets for a golf cart, courtesy of Thoroughbred Golf Carts. The golf cart is on display at the store at 3301 Placida Road or you can view it on the website listed below. Tickets are limited to 350 at \$25 each. This raffle will help raise money for Peace River K-9 Search & Rescue, The Jubilee Center and Vineland Elementary. For tickets, go to www.LeadershipLil500.com.

Who Wants TakeOut? Englewood Chamber of Commerce is pleased to announce the creation of a website that will help people easily locate area restaurants that are offering Take-Out, Curbside or Delivery Service. The website address is www.EnglewoodTakeOut.com. Approximately forty (40) Englewood area eating establishments are listed on the site. The service capabilities of each location is conveniently displayed. In most cases, the user can easily navigate to the restaurant’s website, and place their order online. For more information, call **474•5511**.



In this photo from the Plaza on The Cape Inaugural Wine Walk held March 19, the ladies shown were incorrectly identified. The correct caption is (left to right) Sierra Cooper from Sierra’s Integrated Bodyworks, Amber Elder of Esthetics & Nails by Amber and Jackie Cambell of Nails by Jackie.

Emergency Bridge Loans

If your small business has sustained economic injury as a result of COVID-19 and is located in Florida, you are eligible for financial assistance through the **Florida Small Business Emergency Bridge Loan Program**. Interest-free Disaster “Bridge” Loans up to \$50,000 are currently available to help expedite the recovery process for damaged businesses. These loans are designed to help impacted small business owners meet immediate financial obligations until long-term financial recovery resources are secured, such as sufficient profits from a revived business, receipt of payments on insurance claims or federal disaster assistance. Visit: http://floridajobs.org/doc/default-source/communicationsfiles/rebuild-florida-document/covid-19-florida-emergency-bridge-loan-faq.pdf?sfvrsn=dc1b44b0_2.

Federal Small Business Assistance

For Federal Coronavirus Small Business Assistance visit: disasterloan.sba.gov. If you need cash to offset lost revenue and help keep your business afloat, there are programs that can help. The U.S. Small Business Administration (SBA) coronavirus resource page provides a list of relief programs, and it offers guidance to small business owners during this crisis.

SBA Economic Injury Disaster Loan Program

As part of its disaster assistance program, the SBA is providing low interest working capital loans of up to \$2 million to small businesses and nonprofits affected by the coronavirus. These loans carry an interest rate of 3.75% for small businesses and 2.75% for nonprofits. Loan repayment terms vary by applicant, up to a maximum of 30 years. You can use the loan to cover accounts payable, debts,

payroll and other bills the coronavirus has affected your ability to pay. Apply online and select “Economic Injury” as the reason you’re seeking assistance. You’ll need to supply required supporting documentation that could include the business’s most recent tax returns, a personal financial statement and a schedule of liabilities that lists all your current debts. Call the SBA Disaster Assistance Customer Service Center at **800•659•2955** for help with your application.

Sarasota County Business Aid Links

Sarasota County Communications Department provides links for businesses impacted by COVID-19. See www.scgov.net/government/health-and-human-services/covid-19-coronavirus; and then the Information for Business, see www.scgov.net/home/showdocument?id=44925.

AAA Credit Rating for Sarasota County

Sarasota County’s general credit rating and the rating on its general obligation (GO) bonds, issued for the Legacy Trail Extension

project, recently earned a “AAA” rating from both S&P Global Rating and Fitch Ratings, reflecting the county’s continued financial stability and pragmatic practices. The S&P Global Rating “AAA” rating on the GO bonds reflects that “Sarasota County has exhibited strong and positive financial results adding to its reserve position in recent years,” according to the release. Noting further, considering recent COVID-19 disruptions that “the county has a material amount of combined reserves available for emergencies and contingencies and have demonstrated an ability to manage reserves,” the release added. For more information about Sarasota County Government, call **861•5000** or visit www.scgov.net.

The items appearing in this column are as accurate as possible. Please phone the listed numbers for confirmation and further information. If you have an upcoming event you would like to have considered for “BIZ” please send info and/or photo to The Englewood REVIEW, 370 W Dearborn St, Suite B, Englewood, FL 34223 or englewoodreview@comcast.net.

PHOTOGRAPHY

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Nola's Notes



Suncoast Humane Society (SHS) successfully placed all the animals under their care into foster homes while they are closed due to the COVID-19 pandemic. SHS has cancelled all services until further notice. This includes clinic, adoptions, fosters, admitting, delivery/pickup, and donation drop off. However, if you view their adoptable pets online and wish to learn more, call 474-7884. They will be developing their pet food bank to help people and pets in the community. Stay updated via www.humane.org or their Facebook page.

EARS by Appointment
 Englewood Animal Rescue Sanctuary (EARS) Pet Store/Adoption remains open but has reduced their hours to **8:30am to noon, Tuesday through Saturday**. Their website, ears-animalrescue.com, is updated regularly and also provides a link to all their adoptable pets. Call **681-3877** to set up a meet and greet appointment with available dogs. Pet food can still be purchased at the pet store and their food pantry remains open. If you are having trouble feeding your dog or cat, please stop in during their hours of operation and someone will meet you at the door and provide you with the food that you need. Since the EARS Thrift Store is closed, any cash or check donations to help the animals at this time is very much appreciated. Monetary donations can be paid online through the website (earsanimalrescue.com) by calling **681-3877** using your credit/debit card or by mail: make checks payable to EARS Animal Rescue, 145 W. Dearborn Street, Englewood,

FL 34223. EARS is dedicated to helping pets in need and they will continue to do so.

SAVE THEM ALL!
 The Suncoast Humane Society \$300K SAVE THEM ALL Matching Challenge has been launched! The shelter's ability to care for the dogs, cats and small critters has historically relied on the income from the three area thrift stores. Due to the impact of COVID-19, 70% of the revenue income has been lost. The resources are depleted, but the animals still need help! Much is unknown about Suncoast Humane Society's future. Suncoast Humane Society is asking the community to join together and donate today. You can double your impact today. Every dollar you give today, will be matched by longtime supporters of Suncoast Humane Society's mission, Elsa and Peter Soderberg, up to \$300,000. The animals need you now more than ever. Please help them by giving online today at www.humane.org or text "SHS" to 26989.



These are just a few of the many animals waiting for adoption. You can see all of Suncoast Humane Society's adoptable animals by visiting their Web site, www.humane.org.

474-7884 • 6781 San Casa Drive.
 Photos by Suncoast Humane Society



Hi, my name is **Odin!** I'm a happy boy as you can see and have a lot to offer as a companion pet. I am super friendly! I'm full grown and weigh 52 lbs. I'm a young dog, so activities like playing ball in the yard, going for walks or anything that I can do with you will make me happy.



Hi, my name is **Bandit.** I'm a shy but loving cat and look forward to the comfort of a home once again. I've lost my home and family. I'm independent and not a needy cat by any means. If you are looking for a quiet but friendly companion, we could be a good match.



EARS
 Englewood Animal Rescue Sanctuary

Ask how you can become a foster home for EARS. To see all the EARS animals, visit us at 145 W. Dearborn, or visit Petfinder.com, or EarsAnimalRescue.com.

For more information, call EARS: 941-681-3877. Adoptions events are either at EARS or Pet Supermarket Saturday, 10am-1pm. Call to confirm location.

Animal Rescue & Pet Food Store
 145 W. Dearborn • 681-3877 (FURR)

Photos by Bobbi Austin

EARS Animal Rescue's Thrift Store is the shelters main source of income. Since we are closed due to the virus, any cash or check donations to help the animals at this time is very much appreciated. We are a 501c3, so any donation is tax deductible.



Meet **Mishka.** He is a handsome neutered male 3-5 years old. Mishka has beautiful long cream fur and blue eyes.



Meet **Boots.** He is a neutered male kitty just 3 years old. Boots is tiger and white and has lived with other cats. He is up to date on shots and will be micro-chipped in your name, all part of the low adoption fee.

All of EARS pets are spayed or neutered, vaccinated and micro-chipped in your name.

EARS Animal Rescue's Thrift Store is closed until further notice. All donations of clothes and housewares are needed to help the EARS animals. If you have items to donate, please call 681-3877 to schedule an appointment.

How You Can Help Your Community

If you have some time due to cancellation of activities and have the desire to help others during the COVID-19 Safer At Home period, here are some ways to help right here in Englewood.

Food pantries such as the Jubilee Center at St. David's Church and Englewood Helping Hand need volunteers to help deal with the influx of clients needing food due to job cutbacks or layoffs. Both pantries follow strict safety and sanitary guidelines to protect volunteers and clients. They offer curbside pickup where clients do not leave their vehicle and requested items are placed in their vehicle's trunk. Volunteers also wear gloves and maintain the recommended social distancing with recipients. If you are not able to volunteer, both food pantries are in dire need of food and supplies. The cancellation of clubs and organizations who might normally provide donations has stopped that line of donations.

Englewood Helping Hand is requesting donations of peanut butter, jelly, ramen noodles, soup, vegetables, pasta, spaghetti sauce, tomato products, cereal, condiments, snacks, soap and toilet paper. They are open Wednesdays and Thursdays, 9:30a.m. - 2:30p.m. The Jubilee Center is in dire

need of canned meat, canned fruits and vegetables, instant potatoes, beef stew, cereal and soups. Please note, due to coronavirus concerns about cross-contamination, they have designated Tuesdays, 10 to noon, as Donation Day. Monetary donations for both food pantries are greatly appreciated as well. If you would like more information on how you can help, please contact the Jubilee Center, 401 S. Broadway, at 681-3550 and Englewood Helping Hand, 700 E. Dearborn Street, at 474-5864.

Blood donations are down and blood is critically needed here on the Suncoast. The Suncoast Blood Bank will be in Englewood on the following dates: Merchants Crossing Shopping Center, 1500 Placida Road, on Mondays April 13, 20 and 27 from 10am to 3pm. The bus will also be at Rotonda Golf & Country Club, 266 Rotonda Circle, Wednesday, April 22, 9am to 1pm and the Englewood Moose Lodge, 55 W. Dearborn, Friday, April 24, 11am to 3pm. For



more information, call 954•1600. If you are interested in hosting a blood drive for your employees or community, please call the above number.

You can also help your elderly neighbors and friends who have wisely chosen to self-isolate for their health and safety. Offer to pick up items for them at groceries and drug stores – purchases are necessary

for them like everyone else. Check on them with a phone call to make sure they are healthy and safe. A phone conversation may be the only human contact they have all day.

Englewood Community Hospital (ECH) staff are working long shifts and unable to get to the grocery during the shortened hours. You can help by donating food for them. One collection site is the Jubilee Center, 401 S. Broadway. Drop off your food donations clearly marked for ECH staff on Tuesdays only, 10am to noon. Donations will be delivered to the hospital.

Thank the sales clerks and restaurant employees who are working to make sure you have

groceries, supplies and takeout food along with others who continue to serve you during this time, from medical workers to air conditioning techs to auto mechanics and of course, First Responders. Practice kindness and common courtesy to your neighbors and those you do encounter during your day. Please don't hoard supplies and food so the stores can maintain stock so everyone who needs an item can procure it.

Stay away from large groups and unnecessary interactions to protect yourself and loved ones as well as friends and others you encounter. Do your part to help contain the spread and Englewood can return to life as normal sooner rather than later.

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Calendar *at a Glance*

Due to the cancellation of almost every event or gathering, and the uncertainty of any event actually happening, we are not publishing a calendar listing this issue.

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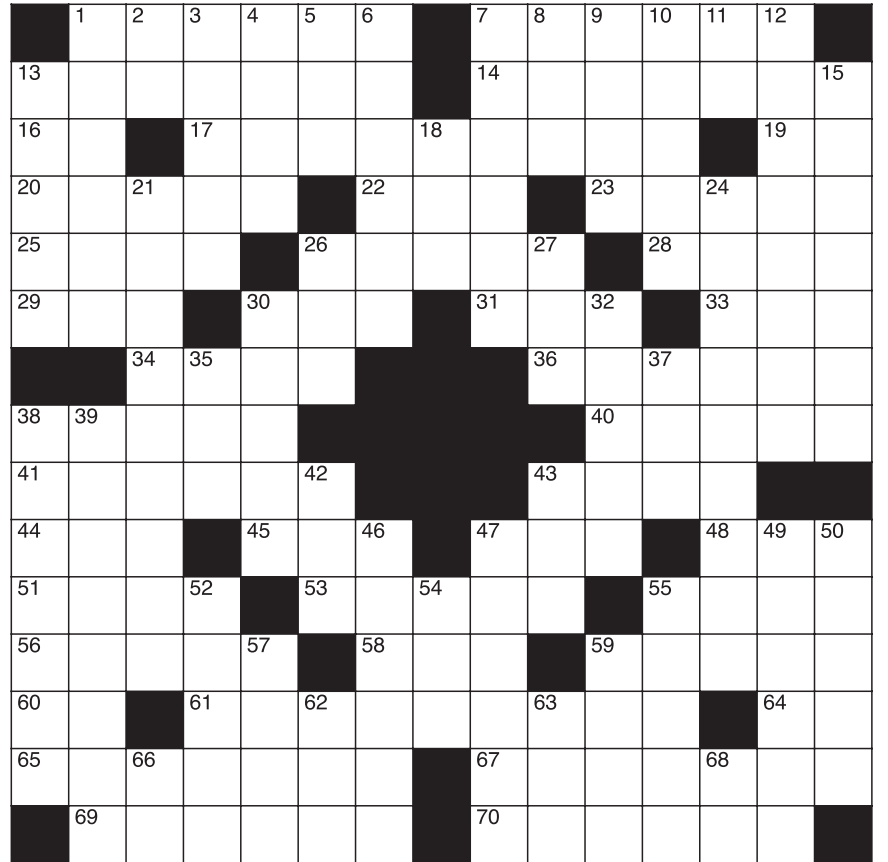


Don't forget to say you saw it in... The REVIEW

Crossword Puzzle

CLUES ACROSS

1. Rope used as a lasso
7. Lomb's partner
13. North African nation
14. Rounds up cattle
16. Densest naturally occurring element
17. Home of the Brewers
19. Atomic #44
20. Vetches
22. Moved earth with a tool
23. Cavalry sword
25. Supplements with difficulty
26. Encouraged
28. Speech defect
29. Periodical (abbr.)
30. Very cold
31. ___ Paulo, city
33. Former OSS
34. Approves food
36. Cars need them
38. Sweden's dominant phone company
40. Long lock of a woman's hair
41. North American natives
43. Fly high
44. One type is fire
45. Nocturnal bird
47. More than one male
48. LOTR actor McKellen
51. Employee stock ownership plan
53. Tony-winning actress Daisy
55. Tennis star Kournikova
56. Pulitzer-winning composer
58. The opposite to pro
59. Safecrackers
60. Denotes past
61. Parrots
64. One quintillion bytes (abbr.)
65. Reduce the importance of
67. Stiffly
69. In a sensible way



70. Signs

CLUES DOWN

1. Capital of Zambia
2. Article
3. Country star LeAnn
4. Egyptian goddess
5. Afflict in mind or body
6. Showy but cheap
7. Belgian urban center
8. Short-winged diving seabird
9. Deploys
10. Ballplayers can legally do it
11. Centiliter
12. Contrary beliefs
13. Type of pole
15. Distinguish oneself

18. 8th month of the year (abbr.)

21. One who monitors
24. Petty quarreling
26. Fiddler crabs
27. Touch lightly
30. American state
32. Pro wrestler Randy
35. Indicates spelling mistake
37. Macaws
38. Gradually narrowed
39. Installments
42. Female sheep
43. Politician
46. Servant
47. Said to facilitate concentration
49. California ballplayers

50. Once Toledo's tallest building

52. A type of pie
54. State of southwestern India
55. Principal member of Norse religion
57. Counterspy
59. Wellness practice
62. ___-de-sac: dead end street
63. Used to cook
66. Type of hospital
68. Direct message

SUDOKU

		6	9					
1	9	5						
		3		4				
				2	8		9	
		8			3	2	5	
9	4							1
			6				2	
					5		1	7
				4		8		3

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Level: Intermediate

PUZZLE SOLUTIONS

3	8	9	4	7	2	6	1	5
7	1	6	5	8	3	4	9	2
5	2	4	6	1	9	7	3	8
1	3	8	9	5	7	4	2	6
4	5	2	3	6	1	8	7	9
9	6	7	8	2	4	1	5	3
6	9	1	2	4	5	3	8	7
2	4	3	7	6	8	5	9	1
8	7	5	1	3	6	9	2	4



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- Kate G. - Current Resident

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- Pat M. - Current Resident

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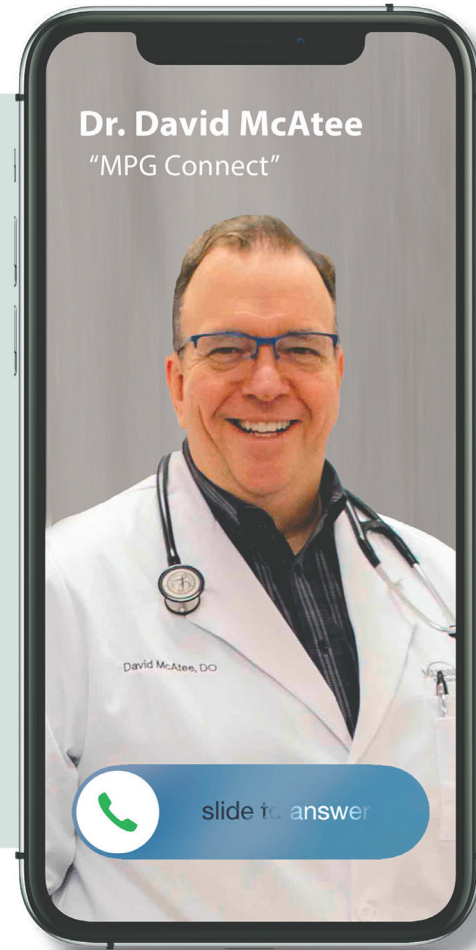
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